

<b>Report on</b>	Leisure Participation
<b>Date of Meeting</b>	16 <sup>th</sup> June 2022
<b>Reporting Officer</b>	Kieran Gordon, Assistant Director Health, Leisure & Wellbeing
<b>Contact Officer</b>	Leigh Gilmore, Participation Manager

<b>Is this report restricted for confidential business?</b> If 'Yes', confirm below the exempt information category relied upon	Yes	
	No	x

<b>1.0</b>	<b>Purpose of Report</b>
1.1	To update Members on the progress of the Active Recreation Plan April 2022 – March 2023 and to provide feedback on a pilot scheme that was delivered from October 2021 – 30 <sup>th</sup> April 2022.
<b>2.0</b>	<b>Background</b>
2.1	Previously in September 2021, Members considered the Council's Participation team ongoing activity and resolved to approve a new pilot programme as part of the annual Active Lifestyle Plan (minute reference: D161/21)
2.2	The over-arching aim is to ensure that targeted increases in active participation are achieved across the Mid Ulster District among traditionally underrepresented groups.
2.3	This annual plan incorporates a range of activities that take place throughout the year along with opportunities to develop further programmes and initiatives that can seek to provide greater opportunities to get physically active.
<b>3.0</b>	<b>Main Report</b>
3.1	The Participation unit within Health Leisure and Wellbeing service area wish to increase opportunities for Mid Ulster District Council residents to participate in a range of scheduled structured and non-structured recreational activities and to meet objectives as set out with the Council's Community Plan 2017-2027 along with contributing towards the Council's Anti-Poverty Action Plan and continuing to encourage more residents to get active.
3.2	During summer 2021, a £1 summer activity programme for under 18's was trialled during July and August with 5,743 participants availing of discounted swims, soft play, teen gym, athletics track, tennis, sports pitches, golf driving range and short par 3 course. (minute reference: D161/21). Due to the success of these initiatives, they will once again be available during July and August 2022. Further details are enclosed within the appendix.
3.3	Summer camps will be scheduled during July and August 2022 and it is anticipated there will be approx. 1150 spaces available within the camps over the summer. Members are reminded that any customers that are currently enrolled in the Council's leisure household membership scheme can avail of 1 weeks attendance at their chosen summer camp for their children as part of their membership. Also available will be golf lessons along with a range of water based activities including swimming lessons and NPLQ qualifications. Further details are enclosed within the appendix.

3.4	<p>The new pilot activity programme to support existing services was launched during October 2021 within the following areas:</p> <ul style="list-style-type: none"> <li>• Walk and Run Coordination</li> <li>• Cycle Coordination</li> <li>• Inclusive Coordination</li> <li>• Pre &amp; Post Natal Coordination</li> <li>• Active Aging Coordination</li> </ul> <p>The majority of the programmes proved very popular and were well received, particularly with the discounted rate of £1 per session. Approx 2,130 participants took part during October 21 – April 22. A review has been carried out on the effectiveness and uptake of the programmes and it is intended to once again make programmes available during September 22 – March 23 with the support of an external delivery partner that seeks to focus on the following areas:</p> <ul style="list-style-type: none"> <li>• Inclusive activities including autism and disability clubs</li> <li>• Pre and post-natal including yoga and pilates</li> <li>• Active aging including water aerobics and strength and balance</li> <li>• Walking and running – Couch to 5k</li> </ul> <p>In total these new programmes are intended to bring opportunities for approx. 572 individual classes during September 22 – March 23 and will again be available at £1 per session. Note that Walking groups, Couch 2 5k and Couch 2 3k programmes are still to be finalised and this will further enhance the numbers of sessions and choices available – details will be launched via Council’s communication channels on social media, website and within Council leisure facilities. Further details are enclosed within the appendix.</p>
4.0	<b>Other Considerations</b>
4.1	<p><b>Financial, Human Resources &amp; Risk Implications</b></p> <p>Financial: Planned activity can be derived via existing revenue budgets for 2022/2023.</p> <p>Human: Officers time to co-ordinate, implement and monitor the planned activities. Can be delivered within existing resources with support from specialised coaches via appointed activity providers (costs of which can be derived via existing revenue budgets for 2022/2023 and within Council procurement guidelines).</p> <p>Risk Management: Considered in line with Council Policies and Procedures.</p>
4.2	<p><b>Screening &amp; Impact Assessments</b></p> <p>Equality &amp; Good Relations Implications: Considered in line with Council Policies and Procedures.</p> <p>Rural Needs Implications: Considered in line with Council Policies and Procedures.</p>

<b>5.0</b>	<b>Recommendation(s)</b>
5.1	To note the outcome of the pilot participation programme for October 2021 – April 2022 along with noting the progress of the Active Recreation Plan April 2022 – March 2023 to include plans for summer programmes and the continuation of the targeted programmes for the period September 2022 to March 2023.
<b>6.0</b>	<b>Documents Attached &amp; References</b>
6.1	Appendix A – Pilot programme outcomes and update on the Active Recreation Plan April 2022 – March 2023.