

Report on	Macmillan Cancer Move More Mid Ulster Programme
Date of Meeting	15 th November 2018
Reporting Officer	Oliver McShane
Contact Officer	Oliver McShane

Is this report restricted for confidential business? If 'Yes', confirm below the exempt information category relied upon	Yes	
	No	x

1.0	Purpose of Report
1.1	To seek approval to deliver the Macmillan Cancer Move More Mid Ulster Programme.
2.0	Background
2.1	<p>There are currently 65,000 people living with cancer in Northern Ireland, and almost 12,000 new cases are diagnosed each year.</p> <p>A recent and growing body of evidence has demonstrated the benefits of an active lifestyle for people living with cancer, highlighting the potential to:</p> <ul style="list-style-type: none"> • Reduce the consequences of cancer and its treatments; • Reduce co-morbidities; • Reduce the spread and progression of cancer; and, • Decrease mortality, and the recurrence of cancer. <p>On the basis of this evidence, Macmillan Cancer Support is working in partnership with key stakeholders across Northern Ireland (including District Councils and Health and Social Care Trusts) to establish 'Move More Northern Ireland', a physical activity service which aims to ensure that "everyone living with cancer is aware of the benefits of physical activity and enabled to choose to become and remain active at a level that's right for them".</p> <p>Move More Mid Ulster would become 1 of 11 Move More projects supporting people with cancer in every community across Northern Ireland.</p>
3.0	Main Report
3.1	Macmillan are offering to provide Mid Ulster District Council with a grant of £123,418 to develop and deliver Move More Mid Ulster for the next 3 years, ensuring that people with cancer receive the support that they need to become and remain active, and to enjoy an improved quality of life as a result

<p>3.2</p> <p>3.3</p> <p>3.4</p> <p>3.5</p> <p>3.6</p> <p>3.7</p> <p>3.8</p>	<p>The funding will cover:</p> <ul style="list-style-type: none"> (a) the employment of a Move More Coordinator (£113,418) (b) set up costs (£1,000) (c) travel costs (£6,000) (d) user engagement costs (£3,000) <p>Council would support the project by employing and hosting the Move More Coordinator, providing access to leisure facilities for the Coordinator to deliver physical activity sessions for people with cancer, and providing a range of incentives (e.g. discounted membership rates)</p> <p>The Move More Coordinator will play a key role in the development and delivery of the project by facilitating consultations with people with cancer, supporting them to access physical activity opportunities (both cancer specific, and non-cancer specific), and providing ongoing behaviour change support to each individual for a minimum of 12 months</p> <p>In order to progress, Council need to submit an application to Macmillan before 20th November 2018 (this is the deadline for accessing funding from Macmillan's 2018 budget). The application will include</p> <ul style="list-style-type: none"> a) The Macmillan Partnership application, b) Operational Policy, c) Job Description & Personnel Specification, and d) Letter of Support from council. <p>Council will be supported throughout this process by the Macmillan Programme Manager, Diarmaid McAuley.</p> <p>All other councils already have Development Officers in place or are in the process of doing so.</p> <p>The post is 100% funded by the charity for 3 years total investment £123,418 with MUDC acting as the employer. The target in year 1 is attract 100 participants. It is proposed that we offer an introductory rate of £30 per client for 3 months after which they will pay the agreed membership rate which will be 50% of an adult membership as those with Cancer are recognised as suffering from a disability. This is in line with charges for the existing Exercise Referral programme.</p> <p>Funding Breakdown £113,418 salary for 3 years, £6000 for travel over 3 years, Set up £1000 and User Engagement of £1,000pa Total £123,418.</p>
<p>4.0</p>	<p>Other Considerations</p>
<p>4.1</p>	<p>Financial, Human Resources & Risk Implications</p> <p>Financial:</p>

	<p>Macmillan will fund the council £123,418 over 3 years to employ a full-time Macmillan Move More Coordinator. The Coordinator would be located at and use Council facilities. Council would receive income of £3,000 in year 1.</p>
	<p>Human:</p> <p>The recruitment of a full-time Macmillan Move More Coordinator to lead on the development, implementation, monitoring and evaluation of the project.</p>
	<p>Risk Management:</p> <p>Additional staffing costs for sickness or extended absence is MUDC responsibility. Macmillan Cancer have indicated that additional funding to continue the programme after 3 years maybe available.</p>
4.2	Screening & Impact Assessments
	<p>Equality & Good Relations Implications</p> <p>N/A</p>
	<p>Rural Needs Implications:</p> <p>N/A</p>
5.0	Recommendation(s)
5.1	That members approve the delivery of the Move More Mid Ulster Programme and allow Officers to complete the required documentation.
6.0	Documents Attached & References
6.1	None