

Report on	Leisure Services Update
Date of Meeting	14 th February 2019
Reporting Officer	Oliver McShane
Contact Officer	Oliver McShane

Is this report restricted for confidential business? If 'Yes', confirm below the exempt information category relied upon	Yes	
	No	X

1.0	Purpose of Report
1.1	To update Members of the progress being made regarding activities in Leisure Services and highlighting a number of key events/activities.
2.0	Background
2.1	Mid Ulster District Council recognises the important role that leisure plays in today's society and that the equitable availability of accessible, high quality sport and leisure provision can enhance the quality of life, health and wellbeing of the local community. The facilities and programmes provided in Mid Ulster are designed to maximise participation in sport and leisure activities from all sections of the community and provide pathways that enable every resident within the Mid Ulster area to maximise their health, sporting abilities, aspirations and potential.
3.0	Main Report
3.1	<p>Full details of key elements of Leisure Service provision in the last quarter are included in Appendix 1. A summary of key highlights is provided below:</p> <p>Cookstown Leisure Centre</p> <p>During the months of October - December 2018 inclusive evolve FITNESS ran a very popular Ultimate Members Challenge 2018 where members completed 2018 minutes exercise over a 3 month period. It was marketed as the perfect motivation to 'get in shape for the Christmas Party Season'. To achieve this target members, were recommended to attend three times per week with each session 60 minutes in duration. A total of 85 members signed up to complete the challenge.</p> <p>Mid Ulster Sports Arena</p> <p>The new set of block bookings for this period showed a continued high demand to use both the outdoor and indoor facilities at the Mid Ulster Sports Arena. All bookings were accommodated. There has been a number of additional sessions booked onto the grass pitches to meet this high demand. The usage of grass pitches was closely monitored during this period and restricted to only one club per night in order to protect the playing surface in the coming months.</p>

A highlight of the quarter was the Acorns Athletic Club - Mighty Oaks Cross Country competition at MUSA on the 8th December 2018. It comprised of 6 races U12 - 800m, U14 - 1mile, U16 - 2mile, U18 - 3 mile, Senior & Masters ladies – 3 mile and Senior & Masters men - 4 mile races. The course was contained within the Mid Ulster Sports Arena's grounds with in excess of 200 participants.

Greenvale Leisure Centre

The ever popular children's swim programme for those aged 3.5-12yr recorded a total of 1144 kids per week for 12 weeks and finished off with a fun week at the end of the term where they got to unwind and use the slide and floats. During the term parents were given the chance to receive feedback from the teachers in regards to how well their child was progressing. This gave them the chance to work on any areas that may have needed improvement in order for them to progress within the programme.

The centre also organised a Christmas Bootcamp on Saturday 22nd December 2018. Prizes were awarded for best Christmas dressed male and female. There was also spot prizes and mince pies and tea and coffee afterwards in Cafe Dolce. Over 60 members participated.

Maghera Leisure Centre

In November, the Main Hall floor was given a complete refurbishment. The old floor was replaced with a brand new plastic surface and relined for multi sports activities. During this time the centre class programme was delivered at St Patricks College Maghera, utilizing space and managing class numbers. Feedback from customers on the new surface has been very positive.

The outdoor artificial pitch was also replaced with a brand new 3G surface and upgraded LED lighting. There has been a steady increase in usage and the pitch is now booked to capacity at peak times. The 3G surface is very popular encouraging different sports & activities rather than traditional 5 a side bookings including Soccer, Gaelic, Hurling, Camogie. We currently have a couch to 5k programme using the surface two evenings per week.

Dungannon Leisure Centre

Following the introduction of the Mid Ulster Swim Academy and our ongoing commitment to the deliver a high quality service our customers can now enroll for lessons online, by phone or in person at reception. They also have the options to pay by cash, debit/credit card and Direct Debit. Swimming lessons continue to a popular activity and currently has 80% uptake on the current program.

In addition Dungannon Leisure Centre in partnership with MUDC Environmental Health department have introduced a new Men's Health Activity Programme which commenced on Monday 21st January 8pm-9.30pm. This 8-week physical activity program is targeted towards middle aged inactive men who want to change their lifestyle, through exercise and health education. 28 men have enrolled. Activities on offer include Pilates, Yoga and Fitness activities.

4.0	Other Considerations
4.1	Financial, Human Resources & Risk Implications
	Financial: N/A
	Human: N/A
	Risk Management: N/A
4.2	Screening & Impact Assessments
	Equality & Good Relations Implications: N/A
	Rural Needs Implications: N/A
5.0	Recommendation(s)
5.1	Members are asked to note activities being undertaken in Leisure Services in the last quarter and the events that will be occurring in the future.
6.0	Documents Attached & References
6.1	Appendix 1 - Key elements of Leisure Service provision in the last quarter.