

<b>Report on</b>	Leisure Services Update
<b>Date of Meeting</b>	10 <sup>th</sup> October 2019
<b>Reporting Officer</b>	Oliver McShane
<b>Contact Officer</b>	Oliver McShane

<b>Is this report restricted for confidential business?</b>  If 'Yes', confirm below the exempt information category relied upon	Yes	
	No	x

<b>1.0</b>	<b>Purpose of Report</b>
1.1	To update Members of the progress being made regarding activities in Leisure Services and highlighting a number of key events/activities.
<b>2.0</b>	<b>Background</b>
2.1	Mid Ulster District Council recognises the important role that leisure plays in today's society and that the equitable availability of accessible, high quality sport and leisure provision can enhance the quality of life, health and wellbeing of the local community. The facilities and programmes provided in Mid Ulster are designed to maximise participation in sport and leisure activities from all sections of the community and provide pathways that enable every resident within the Mid Ulster area to maximise their health, sporting abilities, aspirations and potential.
<b>3.0</b>	<b>Main Report</b>
3.1	<p>Full details of key elements of Leisure Service provision in the last quarter are included in Appendix 1. A summary of key highlights are provided below:</p> <p><b>Cookstown Leisure Centre</b></p> <p>Following the completion of the new spin studios in both Cookstown LC and Greenvale LC a series of classes and events were held to mark the opening of both studios. The feedback from customers and staff alike has been very positive, the combination of the new bikes, audio system, lighting and the additional bonus of have air conditioning fitted in Cookstown has made the room much more exciting and comfortable to use.</p> <p>In addition, the centre also offered summer intensive lessons July /August 2019. Enrolment took place on Wednesday 10th June, with lessons taking place for 6 weeks (Monday – Friday intensive format). Lessons commenced on Monday 1st July and concluded on the 16th August 2019. Lessons were available from 9.00am to 11am Classes ranged from level 1 – Level 8 over the 6 weeks. This programme saw an additional 432 children attend in addition RLSS NPLQ and rookie lifeguard courses were also offered.</p>

3.2 **Mid Ulster Sports Arena**

Mid Ulster Sports Arena hosted the annual Street League competition. There was 2 sections with some great football on show, matches attracted a good crowd of spectators. The winners of the two cups were Caledon Rovers who won the Super Cup and Millwheel Bar who won the MUDC Recreational Cup. Next year the Street League Committee hope to revamp the competition to attract more interest from bigger clubs and also run a junior Street League at the end of May 2020.

3.3 **Greenvale Leisure Centre**

The Mid Ulster Swim Academy continued its third block 15<sup>th</sup> July with a total of 1181 swimmers registered on the scheme. With the scheme running for 12 weeks we hope to see all participants' progress and pass the level they are currently at and transitioning into the next level.

Recently Lisa Richardson (Fitness Supervisor) as part of a Schools education programme instructed students from the local area with GCSE work taking them through theory and practical sessions in order for them to achieve the level required for their examination.

Ross Steele (Fitness Instructor) delivered sessions to Magherafelt High School in the education and safe use of fitness equipment.

Greenvale Studio programme - The autumn 19 studio programme has recommenced with some new classes including, Olympic Warrior @ 7pm on Monday and Friday @ 10am. Kids Functional Dance on Friday from 3.30 - 4.15 pm Step Classes, Aqua, Pilates and Body Sculpt make up some of 41 classes on throughout the week.

3.4 **Meadowbank Sports Arena**

During the summer months of June and July Meadowbank due to the seasonal trends, got busier during the day and quieter in the evenings. The summer scheme and various camps ensured plenty of daytime activity. There were a number of events which took place over the summer months, the main one being the So-low Automotive Car Show. This was a first for Meadowbank and is likely to return again next year.

3.5 **Maghera Leisure Centre**

With the introduction of the new Spin Bikes and new class programmes July/August & September we have seen an increase in numbers with some spin classes being full to capacity. Feedback from our users has been very positive.

Following our successful June/July Shred programme, we also added another Shred program in August/September. Comprising of 3 x weekly small- group fitness classes (Mon, Wed & Fri 6.30am), together with regular weigh-ins and nutritional advice, the Shredding programme is perfect for anyone who wants to boost their training programme.

<b>4.0</b>	<b>Other Considerations</b>
<b>4.1</b>	<b>Financial, Human Resources &amp; Risk Implications</b>
	Financial: N/A
	Human: N/A
	Risk Management: N/A
<b>4.2</b>	<b>Screening &amp; Impact Assessments</b>
	Equality & Good Relations Implications: N/A
	Rural Needs Implications: N/A
<b>5.0</b>	<b>Recommendation(s)</b>
5.1	Members are asked to note activities being undertaken in Leisure Services in the last quarter and the events that will be occurring in the future.
<b>6.0</b>	<b>Documents Attached &amp; References</b>
6.1	Appendix 1 - Key elements of Leisure Service provision in the last quarter.