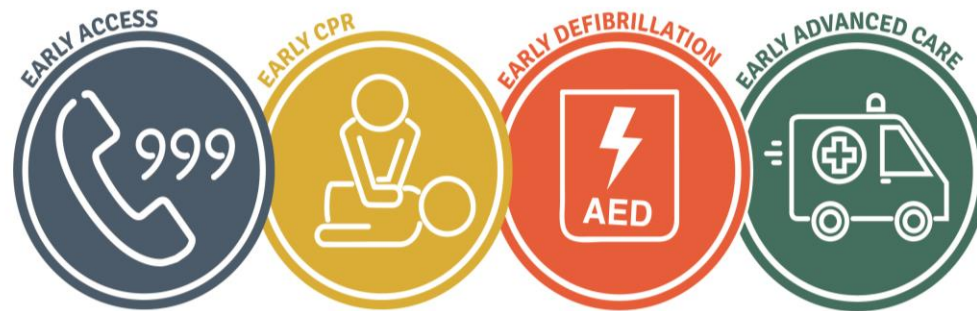


# Creating a Community of Lifesavers in Mid Ulster Council Area

**Community  
Resuscitation  
Group**



**Action Plan 2019 – 2023**

Draft Version 5.0

October 2023

## Background

The Community Resuscitation Strategy for Northern Ireland was launched in July 2014 with a vision to increase survival for those who suffer an out-of-hospital cardiac arrest, to the highest level that can be achieved across Northern Ireland.

The objectives set out in the Strategy are to:

1. raise public awareness of the importance of early recognition of an out-of-hospital cardiac arrest, and the importance of early intervention;
2. encourage members of the public to intervene in the event of an out-of-hospital cardiac arrest;
3. increase the availability of, and access to, appropriate and effective CPR training provision across Northern Ireland;
4. achieve high uptake of CPR training;
5. make the most efficient use of the resources available to support community resuscitation training
6. improve the availability of, and access to, the automated external defibrillators that are in place across Northern Ireland, and
7. enhance the capacity of information systems to capture and provide key data on out-of-hospital cardiac arrest and patient outcomes.

## Action Plan

This plan sets out the priority actions to be taken forward over the period 2019-2023 with an emphasis on CPR/AED and PAD related actions.

During 2019-2023, the Mid Ulster Council (MUC) Community Resuscitation working group will continue to work to identify, and develop the Community Resuscitation themes across MUC area ensuring that outcomes in terms of survival are maximised. This requires collaboration by all partners to avoid duplication of effort, pool resources and expertise. It is hoped that working collaboratively will enable a Community of Lifesavers to be created within the MUC area.

The action plan takes cognisance of other related regional strategies and action plans and is intended to work alongside these. These include:

- Making Life Better – A Whole System Framework for Public Health. 2013-2023
- EANI related strategies
- Council Community Plans

R = Red	Action/Project unlikely to be delivered. Requires immediate action.
A = Amber	Action/Project delayed/stalled. May require action.
G = Green	Moving forward, No immediate action required.

EDUCATION							
Objective	Actions	Due date	Responsible	Progress	Oct 2023 Final Update	RAG status	
E1	Baseline Schools registered to teach CPR Education	Scope the MUC Area for number of Primary, Post Primary, Special Schools and Learning Centres registered to teach CPR Education	March 2018	EANI NIAS BHF	Baseline area profile shows that <b>78 (64%)</b> of the 121 schools in MUC are registered within the Call Push Rescue or Heartstart Programme. This excludes Nursery and Pre-Schools.	<b>Completed</b>	
E2	Increase % of schools registered to teach CPR Education	Encourage schools who have not registered with either Call, Push, Rescue or Heartstart Programmes to teach CPR education to do so	June 2022	EANI NIAS BHF	In April 2018, 43 Primary schools were not participating in the Heartstart Programme. (7 are in the legacy NEELB area and 35 in the legacy SELB area). <b>All</b> Post Primary and Special Schools in the Council area are registered to teach Heartstart or Call Push Rescue. It is currently not a priority to recruit non-registered CPR schools due to resource requirements to provide the schools with	<b>From June 2023 NIAS in partnership with the Education Authority and CCEA created a Community of Lifesavers Education Programme for Post Primary settings.</b>  <b>From Jan 2023 teachers from Post primary settings were invited to Lifesaver Ambassador training. The reporting is not currently broken down to each Council area.</b>	

					<p>manikins to teach.</p> <p>Heartstart teacher training has been suspended since March 2020 and will be reviewed in March 2021.</p> <p><b>Oct 2021</b> – BHF announced the closure of Heartstart in June 2021. NIAS &amp; CCEA will be working together to develop a new Community of Lifesavers Education Programme for all schools.</p>	
E3	<p>Include CPR Education as a mandatory element within the NI Curriculum for both Primary and Post Primary Schools. Personal Development outcomes will include <b>'demonstration of emergency</b></p>	<p>Elected members, NIAS, EANI work jointly to address CPR education within the school curriculum</p>	<p>June 2022</p>	<p>EANI BHF MUC NIAS</p>	<p>BHF had been due to launch a public campaign on this in April 2021 which was to include motions at local government level across Northern Ireland. This was paused due to Covid-19 and school closures. There are plans to pick up the campaign again in 2021 and resources are being updated. Recent correspondence from the Education Minister to</p>	<p><b>Completed</b></p>

	first aid skills'			<p>BHF made clear he had no plans to make CPR training in schools mandatory.</p> <p>Jan 2021- An MLA Jim Shannon is progressing a Private Members Bill to make CPR mandatory in schools in NI</p> <p><b>Oct 2021 –</b> Announcement made by Minister for Education Michelle Mcllveen on 20.09.2021 that CPR will be mandatory for 11-14 yr olds in Post Primary Schools. However the Special Advisor and the Minister agree that it should be all schools in a staged age related programme.</p>		
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COMMUNITY							
	Objective	Actions	Due date	Responsible	Progress	Oct 2023 Final Update	RAG Status
C1	Establish a baseline for members of the public (over 18yrs old) <u>willing &amp; able to provide CPR</u>	NIAS will work with Department of Health to develop questions for adults over 18 yrs as part of the NI Health Survey.	June 2021	MUC NIAS	CPR and AED questions for members of the public have now been included in the NI Health and Wellbeing Survey which commenced Oct 2018 and will continue until April 2020. The results will be regional and not council specific so may require a council statistician to extrapolate the NI figures for Council area specific statistics.  <b>Oct 2021</b> – Data collected via the NI Health Survey now completed.	<b>Completed</b>	
C2	Establish a baseline for members of the public (over 18yrs	NIAS to agree questions to be asked to obtain the information required	June 2021	NIAS	CPR and AED questions for members of the public have now been included in the	<b>Completed</b>	

	old) <u>trained in CPR</u> in the past 5 years				<p>NI Health and Wellbeing Survey which commenced Oct 2018 and will continue until April 2020. The results will be regional and not council specific so may require a council statistician to extrapolate the NI figures for Council area specific statistics.</p> <p><b><u>Oct 2021</u></b> – Data collected via the NI Health Survey now completed.</p>		
C3	Establish a baseline for children aged 11-16yrs who are <u>willing and able</u> to provide CPR	NIAS will work with Department of Health to develop questions for 11-16 yr olds as part of the NI Health Survey	June 2021	NIAS	<p>CPR &amp; AED questions have been finalised for children aged 11-16yrs and will be part of the Young People’s Behaviour &amp; Attitudes Survey commencing Oct 2019</p> <p><b><u>Oct 2021</u></b> – Data collected via the NI Health Survey now</p>	<b>Completed</b>	



					completed.		
C4	Establish a baseline for children aged 11-16yrs who are <u>trained in CPR and the use of an AED</u> during their school years	NIAS will work with Department of Health to develop questions for 11-16 yr olds as part of the NI Health Survey	June 2021	NIAS	<p>CPR &amp; AED questions have been finalised for children aged 11-16yrs and will be part of the Young People's Behaviour &amp; Attitudes Survey commencing Oct 2019.</p> <p><b>Oct 2021</b> – Data collected via the NI Health Survey now completed.</p>	<b>Completed</b>	
C5	Establish a model to build capacity for CPR training across Community & partner organisations	MUC, NHSCT & SHSCT Community Development teams to signpost Community Groups to CPR training.	June 2021	<p>MUC</p> <p>Sport NI</p> <p>NIAS</p>	<p>SportNI &amp; NIAS have negotiated a pilot which includes MUC area for Sporting organisations to receive CPR training.</p> <p><b><i>The Train the</i></b></p>	<b>On Hold - Due to the Heartstart programme being closed by British Heart Foundation in June 2021 a further programme has not been developed that will enable this action to move forward presently. This is due to lack of capacity within the NIAS Community Resus Team.</b>	

	<p>within Mid Ulster Council Area.</p>	<p>Partner organisations to consider ways for CPR training to be embedded in their routine business</p>			<p><b><i>Trainer Project was due to commence in March 2020. 60 trainers would be trained to roll out CPR training to clubs in their council area including MUDC. Project on hold due to Covid 19. Sport NI has already purchased all equipment and tutor clothing required for the Project.</i></b></p> <p><b><u>Oct 2021</u></b> – Due to the closure of the Heartstart Programme and the planned development of the Community of Lifesavers Education Programme this is on hold until Spring 2022</p>		
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C6	All residential addresses would have a house number displayed.	Explore the potential of a campaign to have residents display their house number, particularly in rural areas.	June 2021	MUC	<p>It is a legal requirement to display your house number. Potential to have an article in the council magazine regarding the importance of having a house number displayed in an emergency.</p> <p><u>June 2018</u> Council New Release on 25 June 2018</p> <p>“Is Your Number Up? Rural Homes Urged To Display House Numbers”</p> <p>In <u>March 2020</u> Sport NI rolled out a social media campaign to encourage sports clubs to visibly display there facility postcode around there facility in case of an emergency. A large numbers clubs</p>	<b>Completed</b>	
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				<p>have since completed this around there facilities.</p> <p><u>March 21-</u> MUDC repeated the 2018 News release encouraging MUDC residents to display their number</p> <p>Oct 21 Community First Responders Armagh and Tyrone running a pilot in Armagh Area for Primary school Children painting house numbers on stones and displaying in area. Could maybe be replicated in Dungannon area following pilot.</p>		
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COMMUNITY FIRST RESPONDER SCHEMES							
	Objective	Actions	Due date	Responsible	Progress	Oct 2023 Final Update	RAG Status
F1	Assess need and feasibility for additional First Responder Groups in Mid Ulster Council area	<ul style="list-style-type: none"> <li>Review number of CFR schemes in the MUC area.</li> <li>Review radius covered by the current CFR Schemes</li> </ul>	March 2022	MUC NIAS CFR Schemes	<p>There are 4 CFR Schemes in the MUC area – Slaughtneil, Broughderg &amp; Armagh and Tyrone, Killeeshil and Galbally CFR Schemes. The 3 schemes accounts for approx. 80 volunteers.</p> <p>CFR schemes were suspended from March 2020 due to pandemic. Armagh and Tyrone, Killeeshil and Galbally, and Slaughtneil are live again from Dec 2020</p>	<p><b>Broughderg Scheme closed in Oct 2020 as they did not have enough volunteers to sustain the Scheme.</b></p> <p><b>Slaughtneil has been renamed Carntogher.</b></p> <p><b>Both Armagh &amp; Tyrone &amp; Killeeshil &amp; Galbally continue to respond.</b></p> <p><b>A new CFR Scheme has commenced called Mid-ulster and has 9 volunteers currently covering an area from Knockloughrim towards Cookstown.</b></p> <p><b>There has also been interest from Kildress in setting up a new Scheme. This is currently on hold due to capacity within the NIAS Community Resus Team to deliver the training.</b></p> <p><b>See link below to CFR areas.</b>  <a href="#">CFR Scheme map areas</a></p>	

F2	Work in partnership with NIAS to maintain and extend as appropriate the existing First responder schemes in the Mid Ulster Council area	<ul style="list-style-type: none"> <li>• Discuss ways of communicating the role of CFR Volunteers with MUC residents.</li> <li>• Discuss how these schemes can be best supported.</li> </ul>	June 2022	NIAS MUC CFR Schemes	<p>Information added to MUDC website on Community Live Saving  <a href="https://www.midulstercouncil.org/resident/health-wellbeing/community-life-saving">https://www.midulstercouncil.org/resident/health-wellbeing/community-life-saving</a></p> <p>Slaughtneil has been extended to cover Swatragh</p> <p>Consider the Council magazine to profile the CFR's and also the area they cover and the purpose of the Scheme.</p> <p><b>Oct 2021</b> – All Schemes are live again and new recruits will be trained in Killeeshil &amp; Galbally in November 2021.</p>	<b>Completed</b>	
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F3	Obtain statistical information for ambulance response times within MUC area	<ul style="list-style-type: none"> <li>Provide annual statistics of ambulance response times across the MUC Area.</li> </ul>	Annually in Sept	NIAS MUC	<p>2018/19 NIAS stats are:</p> <p><b>27.2%</b> of Category A calls responded to within 8 mins. The target is 72.5% of Cat A calls should be responded to within 8 mins.</p> <p><b>Oct 2021</b> – All stats on hold in NIAS</p>	<b>On hold - NIAS do not have this information.</b>	
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<b>AED's/PAD</b>							
	<b>Objective</b>	<b>Actions</b>	<b>Due date</b>	<b>Responsible</b>	<b>Progress</b>	<b>Oct 2023 Final Update</b>	<b>RAG Status</b>
	<b>STATIC</b>						
A1	All organisations across business, statutory, Community and Voluntary sectors who own an AED will register it with Northern Ireland Ambulance Service, ensure it is 'Emergency Ready' & consider making it publically available 24/7 where appropriate	Scope the locations and numbers of Council owned AEDs and register them with NIAS	June 2021	MUC	Who has responsibility for AEDs in the Council facility?  Are all council owned AED's registered?  MUDC AED procedure developed and approved.	<b>Completed</b>	
		Map the number of staff CPR & AED trained across all Council locations	Dec 2021	MUC		<b>Completed</b>	
		Encourage organisations and businesses across the Borough to register their AED with NIAS	June 2022	NIAS MUC SportNI	Information on MUDC website  Partners to raise awareness and publicise	<b>Completed</b>	



				<p>Defibrillator campaign to encourage defib guardians to register on “The Circuit” 2021</p> <p>An MLA is progressing a Private Members bill to have AEDs made mandatory in public buildings</p> <p>Consider Tobacco Control Officers advising businesses of registration if there is an AED on the premises and NIFRS officers advising businesses as part of fire risk assessments.</p> <p><b>Oct 2021</b> – BHF are running a campaign ‘Is your defib on the map?’ which will run from 22<sup>nd</sup> Oct to 22<sup>nd</sup></p>	
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					Nov 2021. TCO's have received awareness regarding defibs and now have an AED flyer to give to business owners regarding having a defib and registering it.		
	Baseline number of AEDs in the MUC area	March 2019	NIAS	September 2018 – 120 registered Sept 2019 – 162 registered Jan 2021- 179 <b>Oct 2021</b> – 211 (on map as emergency ready)	<b>Final update - 263 defibs registered on the Circuit.</b>		
	All partners to have access to the AED Guidance document and awareness of how to register AEDs on the NIAS website	Dec 2019	All partners	AED Guidance and the AED map link has been made available to all partners.  AED map link on	<b>Completed</b>		

				MUDC website		
		Identify gaps of AED provision across MUDC to enable prioritisation of resource.	Dec 2021	All partners	Requests for AEDs will be assessed using the NIAS interactive map to ensure an equal spread across the District.	<b>Completed</b>
		Mid Ulster Council to consider the development of an AED policy/guidelines for Council owned AEDs.	June 2020	MUC NIAS	<p>NIAS are in the process of developing a template which all councils will be able to adapt to their needs</p> <p>Jan 2021- MUDC have adapted the NIAS document and have an approved procedure in place</p> <p>Oct 2021- MUDC have purchased new defibrillators</p>	<b>Completed</b>

Business							
	Objective	Actions	Due date	Responsible	Progress	Oct 2023 Final Update	RAG Status
B1	Businesses within the MUDC area will consider supporting the Chain of Survival concept for local communities and schools	<p>Explore the potential of the following with businesses:</p> <ul style="list-style-type: none"> <li>Sponsoring an Advert on a Community AED to help fund the purchase of it</li> <li>Sponsor AEDs for Community First Responder Schemes</li> <li>Sponsor CPR training equipment for Schools wishing to teach CPR</li> </ul>	June 2022	<p>MUC</p> <p>NIAS</p> <p>Chamber of commerce</p> <p>Business in the Community</p>	<p>Further discussions are required as how this can be progressed.</p> <p>Letter to Chamber of Commerce? Invite to next meeting?</p>	<b>On hold - Nothing further actioned since Covid Pandemic</b>	

COMMUNICATION							
	Objective	Actions	Due date	Responsible	Progress	Oct 2023 Final Update	RAG Status
M1	Communicate effectively the collaboration with all partners in Building a Community of Lifesavers in MUC area	<p>Develop a Communication plan</p> <p>Develop key messages for all Communication channels</p> <p>Identify survivor stories</p> <p>Present on the Community Resuscitation Action Plan to Elected Members</p> <p>Discuss the language used regarding defibrillators and CPR</p>	<p>June 2021</p> <p>Ongoing</p>	<p>MUDC</p> <p>All partners</p> <p>NIAS</p>	<p>DEC 19- NIAS attended MUDC Environment Committee</p> <p>Regular updates to Env Committee taking place</p>	<p>On hold – There has been no further updates.</p>	

M2	Restart a Heart week will be actively promoted and CPR awareness activities carried out.	All partners will play an active part in the promotion and delivery of CPR Awareness on World Restart a Heart week (16 <sup>th</sup> October)	April 2023	All partner organisations	<p><b>2018</b></p> <p><b>2019</b>  <a href="https://www.midulstercouncil.org/news/news-archive/news-items-2019/october-2019/hundreds-more-join-mid-ulster's-community-of-life">https://www.midulstercouncil.org/news/news-archive/news-items-2019/october-2019/hundreds-more-join-mid-ulster's-community-of-life</a></p> <p>2020- Very different this year, virtual messages shared via social media.</p> <p>MUDC shared messages from Resus Council social media posts had a total reach of 7464, with 172 engagements.</p> <p>BHF, Sport NI and NIAS all shared messages via their platforms during this week</p> <p><b>Oct 2021</b> - RSAH due</p>	<p><b>On Hold - Due to capacity in the NIAS Community Resus Team RSAH activities have not taken place unless independently by individual organisations.</b></p>	
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					to Covid restrictions and capacity within the Community Resus team has been very limited, mainly media related only.		
M3	To explore a mechanism of support for those affected by an Out of Hospital Cardiac Arrest	Adopt research evidence regarding emotional support for those who attempt CPR and those who survive an Out of Hospital Cardiac Arrest	December 2022	Northern Ireland Ambulance Service  All partners	<b>Oct 2021</b> – NIAS has been in discussions with Sudden Cardiac Arrest UK nationally and Alana Laverty (Cardiac Network Co-ordinator for NI) regarding the current pathway for PHCA survivors. Resus Council UK are developing a quality standard to highlight what care is expected following an OHCA. NIAS are part of this group and work is ongoing.	<b>On Hold - NIAS were involved in the development of a resource for those who have witnessed or attempted resuscitation. This is available on the Sudden Cardiac Arrest UK website.</b>  <a href="#">Sudden Cardiac Arrest UK leaflet</a>	