

Report on	Cyclical Replacement Plan for Leisure Fitness Equipment
Date of Meeting	4 October 2018
Reporting Officer	Oliver McShane
Contact Officer	Oliver McShane

Is this report restricted for confidential business? If 'Yes', confirm below the exempt information category relied upon	Yes	
	No	x

1.0	Purpose of Report																														
1.1	To seek approval on recommendations for a Cyclical Replacement Plan for Leisure Fitness Equipment.																														
2.0	Background																														
2.1	MUDC currently have Fitness Facilities in the following sites across the District Cookstown Leisure Centre, Dungannon Leisure Centre, Greenvale Leisure Centre, Maghera Leisure Centre and Gortgonis. In addition, we provide Strength and Conditioning Facilities at Mid Ulster Sports Arena and Meadowbank Sports Arena.																														
2.2	All the equipment is owned by Council and is of varying ages as per the table below. This equipment is currently maintained under a separate contract.																														
	<table border="1"> <thead> <tr> <th>Centre</th> <th>DLC</th> <th>CLC</th> <th>GLC</th> <th>MLC</th> <th>Gortgonis</th> </tr> </thead> <tbody> <tr> <td>Age</td> <td>2008</td> <td>2011</td> <td>2012</td> <td>2003/2015</td> <td>1994</td> </tr> <tr> <td>Cardio</td> <td>25</td> <td>34</td> <td>45</td> <td>29 (2015)</td> <td>15</td> </tr> <tr> <td>Resistance</td> <td>18</td> <td>20</td> <td>24</td> <td>24 (2003)</td> <td>15</td> </tr> <tr> <td>Spin Bikes</td> <td>20</td> <td>25</td> <td>50</td> <td>32 (2003)</td> <td>0</td> </tr> </tbody> </table>	Centre	DLC	CLC	GLC	MLC	Gortgonis	Age	2008	2011	2012	2003/2015	1994	Cardio	25	34	45	29 (2015)	15	Resistance	18	20	24	24 (2003)	15	Spin Bikes	20	25	50	32 (2003)	0
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2.3	Note - MUSA equipment is 10 years old and is in good condition. Meadowbank Sports Arena requires improvement to the Gym area and would accommodate any existing good quality equipment deemed to be surplus to requirements from other facilities.																														
2.4	Current industry guidelines suggest that Cardio equipment has a lifespan of 15 years with replacement recommended at 5 years. Resistance machines tend to last longer and have a 20 year lifespan with replacement at 7 years. It is also recommended that regular redecorating and moving of equipment takes place to refresh the gym areas.																														
3.0	Main Report																														
3.1	The Fitness Suites at each of our key facilities play a vital role in generating income through memberships and ensuring customer satisfaction levels remain high. Research suggests that the 2 most important aspects of this are "having a friendly well motivated work force"																														

	<p>and “plenty of good quality equipment”. We currently deliver a wide range of additional opportunities such as personal training, boot camps, Shred It programmes etc. In addition, we are working on co-ordinated fitness challenges across all our sites. Key to the success of these is the availability of high quality, modern fitness equipment in all leisure facilities.</p>
3.2	<p>However, it is recognised that in order to ensure we continue to deliver a high quality leisure experience there is a need to implement a cyclical fitness equipment replacement plan.</p>
3.3	<p>Greenvale Leisure Centre, which is our most modern centre, generated £713,334 income for 2017/2018 from its memberships through the gym and classes. Its equipment is currently 6 years old and will require replacement in a few years. Spinning is by far the most popular fitness class delivered across all our facilities. However, the quality of the bikes is deteriorating with some being over 15 years old.</p>
3.4	<p>Increasingly leisure centres are competing with private gyms that may have more up to date equipment than Council operate facilities. To retain and increase customers, it is essential that the fitness equipment is operational and kept up to date as trends in the leisure sector change.</p>
4.0	Other Considerations
4.1	Financial, Human Resources & Risk Implications
	<p>Financial: A 7 year cycle of equipment replacement would cost £300,000 per annum on an ongoing basis.</p>
	<p>Human: N/A</p>
	<p>Risk Management: N/A</p>
4.2	Screening & Impact Assessments
	<p>Equality & Good Relations Implications: N/A</p>
	<p>Rural Needs Implications: N/A</p>
5.0	Recommendation(s)
5.1	<p>Development Committee recommend that Council develop and implement a cyclical replacement plan for all leisure facilities equipment that would see its replacement on a 7 year cycle. This would support the leisure transformation agenda by ensuring Council facilities and equipment are modern and of sufficient quality. It is proposed that spinning bikes would all be replaced initially, due to the demand for the programmes and the age of the current spin bikes.</p> <p>Development Committee request the release of £300,000 per annum to undertake this Cyclical Fitness Equipment Replacement Plan and that a phased approach be adopted in line with MUDC Procurement guidelines.</p>
6.0	Documents Attached & References
6.1	<p>None.</p>