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| Report on | Choose To Live Better Funding |
| Date of Meeting | 15th June 2023 |
| Reporting Officer | Kieran Gordon, Assistant Director Health, Leisure & Wellbeing |
| Contact Officers | Steven Mc Elhatton, Lead Health & Wellbeing Officer |

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| Is this report restricted for confidential business? If 'Yes', confirm below the exempt information category relied upon | Yes | |
| | No | x |

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| 1.0 | Purpose of Report |
| 1.1 | To update Council on successful applications to the Choose To Live Better Fund and to seek Members approval of the acceptance of the letters of offer from The Northern Healthy Lifestyle Partnership (NHLP). |
| 2.0 | Background |
| 2.1 | The Northern Healthy Lifestyles Partnership supports outcomes of the regional “A Fitter Future for All Framework 2012-2022.” Obesity prevention - framework and reports Department of Health (health-ni.gov.uk) . Two overarching objectives of this framework are to: increase the percentage of people eating a healthy, nutritionally balanced diet; and to increase the percentage of the population meeting the CMO guidelines on physical activity Physical activity guidelines - GOV.UK (www.gov.uk) . |
| 3.0 | Main Report |
| 3.1 | <p>The Northern Healthy Lifestyle Partnership (NHLP) sought proposals for projects/activities that promote opportunities for; increasing physical activity, improving nutrition, tackling obesity, supports breastfeeding, enhances food sustainability and promotes healthy lifestyles across the Northern Trust Area.</p> <p>The requirement is for projects to be delivered between June 2023 and March 2024 up to a maximum of £4,000 per project. Projects have to contain one or more of the following to support the prevention and reduction of obesity within the Northern Trust area;</p> <ul style="list-style-type: none"> ➤ Breastfeeding ➤ Food/Nutrition promotion/education ➤ Physical activity ➤ Food sustainability promotion/education ➤ Healthy lifestyle promotion/education |
| 3.2 | Only Northern Healthy Lifestyle Partnership (NHLP) partners and their organisation could apply for Choose to Live better funding and Partners could apply for more than one project. |
| 3.3 | 5 Project Proposals were submitted with 4 out of the 5 Project Proposals being successfully evaluated with letters of offer being issued to Council for a total of £12,000. |
| 3.4 | A breakdown of the 5 Project Proposals are listed below: |

| | PROJECT TITLE | AMOUNT REQUESTED | AMOUNT OFFERED | REASON FOR DECLINE |
|------------|--|-------------------------|-----------------------|---|
| | Living Well in Mid Ulster | £4,000 | £4,000 | N/A |
| | Mid Ulster Active and Healthy | £4,000 | £4,000 | N/A |
| | Positive Ageing in Mid Ulster | £4,000 | £2,500 | N/A |
| | Summer Neurodiversity Camps | £4,000 | £1,500 | N/A |
| | Active Lifestyle Programme | £4,000 | £0 | Evaluation panel ruled that this application was a duplication of service |
| 4.0 | Other Considerations | | | |
| 4.1 | Financial, Human Resources & Risk Implications | | | |
| | Financial: Offer of £12,000 in grant funding to Council to support delivery of 4 identified projects. | | | |
| | Human: There are no additional Council human resources implications associated with this project. | | | |
| | Risk Management: Considered in line with relevant policies and procedures | | | |
| 4.2 | Screening & Impact Assessments | | | |
| | Equality & Good Relations Implications: Considered in line with Council's policies and procedures. | | | |
| | Rural Needs Implications: Considered in line with Council's policies and procedures. | | | |
| 5.0 | Recommendation(s) | | | |
| 5.1 | To note the contents of this report and for the approval of the acceptance of the letters of offer from The Northern Healthy Lifestyle Partnership (NHLP). | | | |
| 6.0 | Documents Attached & References | | | |
| | N/A | | | |