

## APPENDIX A

### Member Training

<b>Provider/Course</b>	<b>Date &amp; Time</b>	<b>Location</b>	<b>Costs</b>	<b>Attendee Requests</b>
National Association of Councillors – Leadership and Change in Local Enterprise- A participative Workshop	Thursday 23 March 2023 9.30 am – 3.30pm	Craigavon Civic Centre	Conference fee – nil  Travel	Cllr Burton  Cllr Kearney
National Association of Councillors – UK Conference  Theme: Mental Health & Wellbeing	Friday 14 <sup>th</sup> - Sunday 16th April 2023	The Royal Hotel, Scarborough	Conference fee - £350 plus travel & subsistence	



**National Association of Councillors (NAC)  
Northern Ireland Region Presents**

**“Leadership and Change in Local  
Enterprise” – A Participative Workshop**

**On Thursday 23rd March 2023 – 9.30am – 3.30pm**

**in the Lakewood Suite, Craigavon Civic Centre, Craigavon BT64 1AL**

**Introducing Local Enterprise Training Solutions (LETS)**

**Facilitated by Derek McCallan – Local Government Specialist**

**Speakers Include:**

**Steve Pollard** – Ulster University Business School, published Business Start Up and Entrepreneurship Specialist

**Maeve Monaghan** - CEO Now Group / Chair of the Community Foundation NI

**Leah Millthorne** - Head of Local Economies at The Centre for Local Economic Strategies (CLES)

**Adrian McCreesh** – Chief Executive of Mid Ulster District Council

**Alison Allen** – Chief Executive of NILGA

**Alderman Alan McDowell** – Former Chair of Regeneration and Development Committee on Ards and North Down Borough Council and Social Enterprise director

**Who Should Attend?**

Councillors and senior officers who have a strong passion to improve their understanding of future new local enterprise, jobs and sustainable growth. The workshop will gather, present and report on insights from speakers, panellists and attendees which will enable new enterprise opportunities in policy & practice, aligned to the newly elected councils in May 2023.

The Workshop is **FREE** to attend but must be booked in advance as places are limited.

To book please Email Kate at [office@nac-ni.org](mailto:office@nac-ni.org) and you will receive confirmation of your place.

Or complete below:

Name:

Council:

Email:

Any Dietary Requirements:

Return to: National Association of Councillors Northern Ireland Region, Sketrick House, Jubilee Road, Newtownards, Co. Down, BT23 4YH or (per above) Email [office@nac-ni.org](mailto:office@nac-ni.org)

If you later find you are unable to attend, please contact Kate at [office@nac-ni.org](mailto:office@nac-ni.org), to cancel your booking to enable someone else on the waiting list to attend.



05/03/2023

## National Association of Councillors Learning Weekend

@The Royal Hotel, Scarborough 14<sup>th</sup> – 16<sup>th</sup> April 2023

### Mental Health & Wellbeing

Dear Colleagues,

In recent years there has been an increasing awareness of mental health problems in our society. This affects people in all walks of life and can have a major effect in our communities.

Our mental health influences our physical health, as well as our capability to lead a healthy lifestyle and to manage and recover from physical health conditions.

People with physical health problems, especially long-term conditions, are at increased risk of poor mental health - particularly depression and anxiety. Around 30% of people with any long-term physical health condition also have a mental health problem. Poor mental health, in turn, exacerbates some long-term conditions, such as chronic pain.

This conference will look at ways local authorities can help their own staff, councillors, individuals and groups to combat the effects of poor mental health.

This event will provide opportunities to hear quality speakers, participate in Q&A sessions and contribute to conference workshops. The conference will benefit elected members from every tier of local government.

Please complete the Booking Form to attend.

Yours Faithfully

*B. Nelson*

Councillor Brian Nelson  
National Secretary  
National Association of Councillors  
0191 3789947 office

## NATIONAL ASSOCIATION OF COUNCILLORS

### Learning Weekend

#### **Mental Health and Wellbeing**

The Royal Hotel, Scarborough

14<sup>th</sup>-16<sup>th</sup> April 2023

#### Delegate Booking Form

Name of Delegate.....

Organisation.....

Delegate's Email.....

Telephone Number.....

Authorising Signature.....Order No if reqd.....

Printed Name.....

Position.....Organisation.....

**INVOICE**, email address for invoice.....

To Register – Complete the delegate details above, and either: -Email a copy of this form to [Generalsecretary@nationalassociationofcouncillors.org](mailto:Generalsecretary@nationalassociationofcouncillors.org)

or Post form to NAC Bookings, Council Offices, 6 Goatbeck Terrace, Langley Moor, Co. Durham  
DH7 6JJ

Delegate Fees: £350 plus VAT – Metropolitan, County, Unitary, Borough & District Councils

£295 plus VAT - Town, Parish and Community Councils

Accommodation is available for delegates at the Conference Hotel at the special NAC Conference Delegate rate of £85 plus VAT per night. The accommodation fee is payable by delegate on arrival at the hotel unless otherwise indicated on the booking form.

Delegate Accommodation Friday & Saturdays nights YES / NO

Local Authority to be billed direct for accommodation YES / NO

Please note that double and family rooms are also available (prices available on request)

***Booking Condition: Please note that a charge is payable on any bookings cancelled. These charges will be kept to a minimum and will be in accordance with cost incurred by the NAC.***