



**Living Well  
Living Longer**

Older Peoples Service

**Niamh**

*Mental Wellbeing*



# **Living Well Living Longer Service**

**Mid Ulster District Council**

# Background

Funding for three years from Big Lottery Fund

One years additional funding

Commencement September 2013



# LWLL Service







# **Staff Team and Volunteers**

**Co-ordinator – Louise Hughes**

**Staff Team – 4 Project Workers**

**Part-Time Clerical Assistant**

**7 Active Volunteers**



# Client Feedback



First class service, helpful. More than words can say. The care and attention I received made such an impact to my life beyond words. I would definitely use the service again.

I wish to make a comment about the service I've received from PW. She has been very helpful and I found her to be very friendly in her manner and very approachable concerning any queries I have had. Your service has been another life line to me and PW has been a friend.

This is an excellent service. All services are covered and staff contacted services for us and people helped us in the home. PW has been more than helpful, very organised and very much a people person, a very good way and very approachable. First Class!



# Stakeholder Feedback



I have referred several clients to this service and found it an excellent resource for clients and myself in maintaining their independence in the community and signposting them to various community support networks.

***Care Manager, SEHSCT***

This is a very worthwhile service and anyone that I know who has used it feels that it has helped reduce their isolation and has supported positive mental health

***Promoting Wellbeing Team, SHSCT***





# Stakeholder Feedback

Service delivered with enthusiasm, professionalism and with a knowledgeable and empathetic manner which must give great confidence to the service user. Keep up the good work.

***Richard, Fold Staying Put***

This project has proven to be invaluable to Carers and ex carers. The services provided are excellent and make a real difference to peoples' lives.

***Lorraine, Macmillan Carers Support***



## Pre and Post Wellbeing Questionnaires

- Short Warwick-Edinburgh Mental Wellbeing Scale
- Subjective Wellbeing Scale
- Loneliness Scale

*“Positive changes in both subjective wellbeing and mental wellbeing were reported for those presenting with dementia and equally for those without dementia”*

*First Year Evaluation Report - Dr Lynette Hughes, September 2014*



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[www.bea.com/wellbeing.org](http://www.bea.com/wellbeing.org)



  
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**THANK YOU**

**Louise Hughes**  
**Project Co-ordinator**  
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