

Report on	Leisure Services Update
Date of Meeting	3 rd July 2019
Reporting Officer	Oliver McShane
Contact Officer	Oliver McShane

Is this report restricted for confidential business?	Yes	
If 'Yes', confirm below the exempt information category relied upon	No	x

1.0	Purpose of Report
1.1	To update Members of the progress being made regarding activities in Leisure Services and highlighting a number of key events/activities.
2.0	Background
2.1	Mid Ulster District Council recognises the important role that leisure plays in today's society and that the equitable availability of accessible, high quality sport and leisure provision can enhance the quality of life, health and wellbeing of the local community. The facilities and programmes provided in Mid Ulster are designed to maximise participation in sport and leisure activities from all sections of the community and provide pathways that enable every resident within the Mid Ulster area to maximise their health, sporting abilities, aspirations and potential.
3.0	Main Report
3.1	Full details of key elements of Leisure Service provision in the last quarter are included in Appendix 1. A summary of key highlights are provided below:
3.2	<p>Cookstown Leisure Centre</p> <p>In addition to the normal programme 2 Buggy Fit classes and a 60+ Zumba class were added which are not part of the existing membership packages. With Dungannon LC closing Noel Skelton's two Masters swimming classes has moved to Cookstown and numbers attending from the existing Dungannon swimmers and new swimmers from Cookstown are good. The classes are continuing to perform well and we have seen an increase in numbers in most of the classes. On average 24 Centre based classes are delivered to the public each week.</p> <p>Cookstown Leisure Centre ran a four day Easter Scheme Tuesday 23rd to Friday 26th April. The facility offered a range of centre-based activities e.g. dodgeball, swim & flume, soft play, ten-pin bowling and full main hall programme. Daily the centre catered for over 100 children.</p>

	<p>Cookstown Leisure Centre have just trained additional staff for the climbing wall, 12 staff from across the area received climbing instructor training from “Adventure Training”. These staff will start immediately working at forthcoming event across the district.</p>
3.3	<p>Mid Ulster Sports Arena</p> <p>Mid Ulster Sports Arena hosted its first ever Australian Rules open day. The event was hosted by The Belfast Redbacks Australian Rules Football Club and Portadown Power men’s and ladies teams and offered coaching, fun games, drills and skills tests on the day for men and women of all abilities. The AFL hope to start a team at the Mid Ulster Sports Arena this summer. Staff have been working closely with the new club and we will be providing the first proper oval pitch in the province for Australian Rules football.</p> <p>A new six a-side soccer league has been delivered with 10 teams entered. This competition is hosted by MUSA and provides a referee for all games. Staff hope to expand on this in the autumn and take the tournament to a 16 team competition played over 2 nights a week over an eight week period.</p>
3.4	<p>Greenvale Leisure Centre</p> <p>The second Rookie course of the year kicked off in April and was well attended with 20 participants. With a mixture of dry work, where they learn first aid and CPR and water work, where they learn lifesaving skills, this is a stepping stone for young kids before they enrol on our NPLQ course.</p> <p>The third block of Masters started on the 13th May and ran for 8 weeks. This course runs for 7 weeks and is aimed at the more experienced swimmers as well as people who take part in triathlons etc. The Club is focused on technique and drills that will improve their swimming capabilities.</p> <p>Greenvale delivered a new class focused on learning and improving techniques in Olympic and other related lifts. It is designed to improve coordination, conditioning strength, posture and anaerobic CV fitness. The class will be split into 2 sessions with session 1 incorporating all the basic lifts which will be delivered and exercised in the following part of the class. Session 2 will be a stimulating circuit that will take the functional aspects of the training to the limit to challenge your inner warrior.</p> <p>New equipment was delivered to Greenvale A number of new pieces of equipment were purchased the SkiErg’s provide a true full-body workout that exercises the legs at least as hard as the upper body. The classic (alternating arms) ski technique uses fewer muscles than double-poling, and generally has less leg involvement, but it is an excellent ski-specific training for Nordic skiers.</p>
3.5	<p>Meadowbank Sports Arena</p> <p>Special Events April - June 2019</p>

- Ulster GAA Gaelic Blitz Wed 3rd April – 200 Kids
- Ulster Camogie Blitz Sat 6th April 2019 – 400 Kids
- Ulster GAA Gaelic Blitz Wed 10th April – 250 Kids
- Cuchulainn Cup project Gaelic Blitz Wed 10th April – 250 Kids
- Boys Brigade Soccer Tournament Sat 13th April – 70 Kids
- Sky Blues Soccer Tournament Sun 14th April – 400 Kids
- Schools Ladies Gaelic Blitz Wed 17th April – 250 Ladies
- Ulster Rugby Junior Men 7's Tournament 30th April – 200 Players
- Ulster Camogie Blitz Sat 11th May – 100 Kids
- Sky Blues Soccer Tournament Sat 14th May – 250 Kids
- Primary Schools Athletics Competition Thurs 16th May – 200 Kids
- Free Presbyterian Church Fun Evening 29th May – 150 Kids/Adults
- Spires Integrated P.S. Sports Day Fri 31st May – 200 Kids
- CFM (Combined Facilities Management) Soccer Tournament Fri 31st May – 60 Players
- Gaelscoil School Sports Day Mon 3rd June – 100 Kids
- Kilcronaghan Mission Group Fun day Mon 3rd – Thurs 6th June - 150 Kids/Adults per night
- Kilross P.S. Sports Day Fri 7th June – 100 Kids
- Sky Blues Soccer Tournament Sat 8th June – 80 Kids
- Northern/NW Ladies Cricket match Sun 9th June – 50 Players
- Holy Family Schools Sports Day Tue 10th June – 250 Kids
- Local Council Elections Fri 3rd May – 400 People
- European Elections Mon 27th May – 1000 People

3.6

Maghera Leisure Centre

Maghera Leisure Centre released its biggest class program so far with 29 Classes (not including gymnastics). With the return of the old favourite classes and some new initiatives such as Pilates, customers are being challenged in different ways and with staff catering for different levels of fitness. The over 50s club has also provided more opportunities to exercise and socialise for the less active customers. The new Kids Spin & Kids Cardio classes adds younger users to our instructor lead programme.

Following on from previous Shred programmes with some clients losing up to 10lb staff organised a pre summer Shred in April 2019 The programme consisted of 3 weekly group gym sessions each Monday, Wednesday and Friday at 6.30am, combined with regular weigh-ins and nutritional advice to help you achieve your goals 6 week membership to use our Gym, Health Suite and all our Centre based classes is also included.

Tobermore Golf Driving range continues to be busy with a wide range of courses on offer for example Learn to Play Golf for those inspired to play Golf by The Masters, USPGA & Open (Portrush), you can now register for adult-beginners Summer Courses 2019.

<p>3.7</p> <p>3.8</p>	<p>Dungannon Leisure Centre</p> <p>The Leisure Centre closed for refurbishment from Monday 29th April 2019. Prior to closure ongoing work took place with customers advising them of what other services and facilities would be available to them during the closure.</p> <p>Some of the fitness equipment from Dungannon Leisure Centre was relocated to Gortoginis Citizen Centre and the opening hours extended to provide customer access to a fitness suite locally. Customers were also advised of the facilities available in Cookstown and Magherafelt.</p> <p>Sports Development</p> <p>Summer planning is completed and an online bookings system up and running through the Council website.</p> <p>Below is a summary of the activities on offer this summer</p> <table border="1" data-bbox="229 875 1358 1330"> <tr> <td data-bbox="229 875 794 1048">Activity / Camps</td><td data-bbox="794 875 1358 1048">Summer Schemes, Canoeing, Tennis, Bowling, Gymnastics, Football, Disability, Gaelic, Hockey, Multisport, Dance, Athletics and Golf</td></tr> <tr> <td data-bbox="229 1048 794 1330">Locations</td><td data-bbox="794 1048 1358 1330">Ballyronan, Fairhill, Cookstown LC, Mid Ulster Sports Arena, Cookstown HS, Dungannon Park, Royal School Dungannon, Greenvale LC, Maghera LC, Moneymore RC, Meadowbank Sports Arena, Tobermore Golf Centre</td></tr> </table>	Activity / Camps	Summer Schemes, Canoeing, Tennis, Bowling, Gymnastics, Football, Disability, Gaelic, Hockey, Multisport, Dance, Athletics and Golf	Locations	Ballyronan, Fairhill, Cookstown LC, Mid Ulster Sports Arena, Cookstown HS, Dungannon Park, Royal School Dungannon, Greenvale LC, Maghera LC, Moneymore RC, Meadowbank Sports Arena, Tobermore Golf Centre
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4.0	Other Considerations				
4.1	<p>Financial, Human Resources & Risk Implications</p> <p>Financial: N/A</p> <p>Human: N/A</p> <p>Risk Management: N/A</p>				
4.2	<p>Screening & Impact Assessments</p> <p>Equality & Good Relations Implications: N/A</p>				

	Rural Needs Implications: N/A
5.0	Recommendation(s)
5.1	Members are asked to note activities being undertaken in Leisure Services in the last quarter and the events that will be occurring in the future.
6.0	Documents Attached & References
6.1	Appendix 1 - Key elements of Leisure Service provision in the last quarter.