Sports Development

Every Body Active 2020

- The Summer of 2017 was again an action packed few months for the Every Body Active 2020 team that included Multi Sports Camps, Disability Sports Camps, Estates Programmes and Fun Days. Activities took place all across the Council area in places such as Mid Ulster Sports Arena, Meadowbank Sports Arena, Dungannon Leisure Centre, Gortgonis, Draperstown and Pomeroy.
- The aim of the camps was to introduce children to an activity programme and to improve their general fitness levels as well as introducing the kids to new sports. The programme included multi sports such as Soccer, Uni-Hoc, Dodgeball and Handball.
- Below are photos of some of the participants in action throughout the various Camps:











 EBA 2020 Disability Sport was also a big hit this summer with numerous Summer Camps taking place right across the Mid Ulster Council area as well as summer walking groups, Insight outdoor bowls and a variety of other groups availing of sport and physical activity sessions. The camps were open to all disability spectrums, ages, and genders.







ClubMark NI

MUDC are now accredited by Sport NI to assess locally based sports club quality accreditation scheme and the sports development of MUDC unit will lead the assessment process for the Mid Ulster District.

Schools Cross Country 2017

This year's Primary and Post Primary Cross Country events are taking place across the District during $3^{rd} - 5^{th}$ October with finals taking place on 19^{th} October at Mid Ulster Sports Arena.

Coach Development Program

The Coach Development Programme in association with The Performance Lab will be launched at the beginning of October with a wide range of courses on offer to local sports

coaches. Well-known sports professionals will facilitate workshops that will offer local coaches detailed information form their chosen field of athlete development. In addition Sports Development have been working with a wide range of Governing Bodies to encourage them to be part of this year's Coach Education Programme to relocate their coaching / training courses to the Mid Ulster District area.

Disability Sports Hub

The equipment for the Hub has now arrived and staff are working with Disability Sport to agree training up staff and volunteers. Following the training a wide range of activities will be delivered through the Hub.

C25K & Beyond Programme

September sees the return of the councils C25K Programme and to challenge returning participants a "Beyond" element to the programme has been introduced. Over 250 people have registered to take part in the programmes across the district, namely Meadowbank, MUSA and Gortgonis with Graduation scheduled for Saturday 25th November at the MUSA Parkrun.

Junior Parkrun

Sports Development is continuing to work with Parkrun to get a Junior run established in Polepatrick. A group of 12 volunteers has been established with an Event Director being appointed to lead the team. A number of meetings including a site visit have taken place and the volunteers are currently working through the requirements as set by Parkrun.

Cookstown Leisure Centre

- Birthday Parties were quiet over the last four months with
 - 44 parties booked over June
 - > 28 parties booked over July
 - > 23 parties booked over June
- Hydro Power was introduced on Thursday evenings over July and August when the swimming club gave up their sessions for the summer.



- During July and August courses were run in association with the Everybody Active Programme. They were as follows;
 - o **Get Active Cheerleading Camp:** Monday 3rd Friday 7th July (2 sessions daily)
 - o **Gymnastics:** Monday 17th Friday 21st July (3 sessions daily)
 - Get Active Kirsty's Kinetic Dance Camp: Monday 24th Friday 28th July (2 sessions daily)
 - Summer Get Fit: Monday 7th Friday 11th August

Launch of the September to December Drop in Programme.

 The new timetable for classes and courses running from September to December was published and made available to the public, it includes a choice of 17 Drop in exercise classes of various styles, courses for Swimming, Lifesaving, Yoga,

- Recreational Gymnastics and Buggy Fit. This was also made available to the customers through social media and online.
- The enrolment for various courses is now also available online which greatly improves the procedure and with this more tech savvy generation seems to be more and more in demand.
- Swimming Lesson enrolment (summer intensive July /August 2017) took place on Wednesday21st June. Youth Swimming lessons took place for 6 weeks and followed a Monday – Friday intensive format. Lessons commenced on Monday 3rd July and concluded on the 18th August 2017. Lessons were available from 9.00am to 12noon and 3.00pm to 6.30pm. RLSS NPLQ, Survival and Save Silver Medallion and rookie lifeguard courses were also offered over the summer.

Youth intensive lessons summer 2017

	Number of Enrolments		
Level 1	189		
Level 2	173		
Level 3	134		
Level 4	104		
Level 5	72		
Level 6	39		
Level 7	20		
Level 8	7		
Total	738		
	Intensive NPLQ – summer 2017		
NPLQ	8		
Silver Medallion S&S	12		
Rookie Lifeguard	15 (7 Rookie 8 Gold)		

- September December 2017 swimming enrolment was on Wednesday 23rd August Enrolment has been extremely popular with high waiting lists on levels 1 – 4 and shorter waiting lists on Levels 5 – 7.
- The school programme is proving very popular extra slots have been made available to accommodate the high-level usage of the programme. Due to budget constraints in the education system class sizes are increasing in schools.
- Swim Ulster has selected Cookstown Leisure Centre to be a partner in their "Swim Ulster Pathway Development Programme "and host one of the centres. Swim Ulster have experienced the successful delivery of the 1st stage of the club pathway development programme with Talent ID sessions running on a weekly basis in three locations (Newry, Magherafelt and Enniskillen) plus one weekly Talent Development session in Magherafelt. The next stage of the programme is to establish and support Swim Ulster Pathway Development Centres offering additional training to complement the local club programmes.
- The Outdoor bowling season at Fairhill Bowling Green finished on the 16th September, with all clubs having a successful year. The season was quiet, with no major issues from the clubs, in fact this year saw an additional team enter the leagues "Gunny Moore". This left a very busy period with the four teams playing of the green. The pre-season inspection and remedial work stood by the green. The last

week did take its toll on certain rinks, but clubs were informed of concerns. The clubs saw fit to invite both members of staff to their end of year dinner dance.

- Cookstown Bowling club has started developing a junior initiative in conjunction with another Provincial club, promoting underage bowling. Although in its early stages the club plan to link in with MUDC "Sports Development" team for direction and financial support in Spring 2018.
- Also during the month of July evolve FITNESS ran a Summer Membership Promotion as an incentive to boost sales at a time when the gym historically becomes less busy during the summer holiday period.
- During the month of June evolve FITNESS ran a members Marathon Challenge. There were two levels for members to complete; a beginner level where they had to run 42km or an advanced level where members had to run 84km using the treadmill over a 1-month period.



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Promotion as an incentive to boost sales at a time when the gym historically becomes
less busy during the summer holiday period.



Davagh MBT Volunteer day

• Volunteer Day has been planned for Saturday 23rd September 2017 with over 10 volunteers currently signed up.

Usage Figures

_Davagh Forest Trails	Car park	Total Trails	Pump Track	New Counter on top red trails	Running Trails Total
April to June 2015	7865	5004	3933	3933	5004
July to Sept 2015	6453	4780	2227	3090	9784
Oct to Dec 2015	3982	4418	1519	251*	14202
Jan to March 2016	3885	4473	2227	2303	18675
April to June 2016	5711	3469	1690	2822	3469
July to Sept 2016	5713	4285	1951	2366	7754
Oct to Dec 2016	4205	3149	1314	2328	10903
Jan to March 2017	5883	2561**	1188	178*	13464
April to June 2017	6503	3029	1882	1219*	3029
July to August 2017	N/A	N/A	N/A	N/A	N/A

^{*}Counter not working correctly

Anti-social behaviour in the Car parks



Help Protect Davagh Forest Trails!

- Mid Ulster District Council, the PSNI and Mid Ulster PCSP have launched a joint campaign to help prohibit unauthorised vehicles including motorbikes, quads and scramblers at Davagh Forest, Cookstown
- "Our main priority must be to ensure that Davagh Forest remains a safe place for the many leisure walkers and families that use our paths and for the mountain bikers that use our world class network of trails" - Chair of the Council, Cllr Kim Ashton.

Free Bike Marking

 Bike Marking Event in conjunction with Mid Ulster District Council, PSNI and Mid Ulster Policing and Community Safety Partnership on Sunday 23rd July 2017 from 4pm at the Trailhead. Kits were free, but are limited and its first come first serve basis.

Events and Closures for Davagh 2017

 Davagh Enduro race was over the weekend of the 24th and 25thJune 2017 hosted by Michael Regan with over 150 adults and 50 Kids taking part in this year



Under 8 Girls



Events Scheduled for the up and coming months at Davagh Forest trails

Date Saturday 16 th September	Time 12 noon	Event Sperrin Harriers (Obrien Challenge)	Trails Full Closure between 12.00-14.00			
September 2017	Tree felling for 3 / 4 weeks during September between way marker 34-39, Diversions will be in place during this felling period					
Sat 14 th Oct	12.00	Fergal's 10 miler	Full Closure between 12.00-14.00			
11 th November	12.00	Sperrin Harriers 10km	Full closure 12.00-13.00			
Sat 25th November	9-5	Magherafelt Motor Club	Full Closure			

Volunteer Day

 A volunteer Day took place on Saturday 23rd September with 7 volunteers taking part in helping to resurface the bottom section of Wolfs Hill. A new quad trailer was purchased for Davagh and this will help in the next few months in the resurface of other trail with the use of MUDC staff and volunteers.





Mid Ulster Sports Arena

The new block booking period commenced on 4 September 2017 and will continue until
the end of December. Local clubs recommenced their training schedule and Gaelic clubs
are mostly using their own facilities for matches and training, with occasional matches here.

• This year there was a change to the previous Street League format, as in addition to the usual Street League fixtures open to teams of non-registered / recreational football players, a new 'Super League' competition took place, allowing existing football players to enter in their own section. Ten teams entered the Recreational competition and Nine teams entered the Super League. This format was highly successful and enjoyed by all participants and spectators, the games were spread throughout the Mid Ulster Area.





Mullan's Bar and Cookstown Youth won their respective competitions.

Cookstown Half Marathon

 The Cookstown Half Marathon was held on 30th July with over 450 participants taking part in the intense course around Cookstown. Runners from all over Ireland took part in the race.





Tulach Og Hurling and Camogie Camp

 This newly formed club held a two-day camp at MUSA on 28 and 29 July which was attended by approximately 80 children each day.

Club NI/Elite Performer Development Centre

Once again, the above group returned to MUSA for their summer training camps using the
pitches, meeting rooms and strength and conditioning facilities to help the soccer stars of
tomorrow hone their skills and increase their fitness levels.

Girls Soccer

 Mid Ulster Ladies held their home league matches and cup ties at MUSA. IFA girl's excellence held trials every Tuesday morning during July and August.



Events

Parkrun continues every Saturday morning at 9.30am (100+ participants weekly)

- Cookstown Half Marathon (400 participants)
- Usage of the Trim Trail by walkers and runners remains steady especially during the day.
 Estimated numbers using this facility in the region of 100 per day.
- Birthday Parties
- Summer Camps (July and August)
- CYFC Annual Five Aside Jordan Scott Memorial Tournament (17 June)
- IFA Elite NI Development Centre
- IFA Girls Excellence Trials
- MU Ladies FC League and Cup games

Future events and activities

- Street League Competition to start mid-July
- Couch to 5K Programme on Tuesday and Thursday evenings commences on Tuesday 19 September at MUSA
- School Cross Country Races Primary Schools Cookstown 3 October at MUSA and Primary & Secondary School Finals Day
- Halloween Programmes IFA Halloween Camp and EBA Courses

Moneymore Recreation Centre

- **School Multi-Sports.** The 6 Week School Multi-Sports programme continued into June. Only 2 schools accepted this invitation due to other commitments & the 2 schools which accepted were St Pats P/S Moneymore & Lissan Primary School.
- School Sports Days. On Tuesday 6th June 2017 St Malachys P/S Drummullan held their Annual Sports Day at Moneymore Recreation Centre (10am-12pm). On Tuesday 13th June 2017 Lissan P/S & Churchtown P/S held their Annual Sports Day at Moneymore Recreation Centre (10am-12.30pm).

- Cookstown Free Presbyterian Fun Night. On Friday 30th June 5pm-11pm Cookstown Free Presbyterian Church held their Annual Fun Night at Moneymore Recreation Centre. Approximately 100 people attended this fun packed evening which included a BBQ, Inflatables, Tables Quiz, Football and several other activities.
- **5 Week Afterschool's Gymnastics**. On Thursday 1st June 2017 a new 5 week afterschool Gymnastics programme was held at Moneymore Recreation Centre.
- **Jump Gym Juniors.** Kieran Rocks has booked our Sports Hall (6pm-8pm) to hold a 6-week Jump Gym Programme for School Children.
- **Local Gaelic Clubs.** Moneymore Gaelic Club continued using Moneymore Recreation Centre into June 2017 for their winter training.
- **Jill's Cakes**, A cake designing class takes place at Moneymore Recreation Centre. 15 People attend these classes which are held in the Committee Room.
- Headway Brain Injury Association. Kelly Shepherd from Headway has booked our Committee Room 3 Wednesdays every month from 11am-1pm to hold classes with people who have suffered Brain Injuries.
- **Pilates Classes**. A new 5-week Pilates programme started at Moneymore Recreation Centre on Monday 5th June 2017 (6.15pm-7.15pm).
- Tuesday pm Yoga Classes. 2 new 5-week yoga programmes have started at Moneymore Recreation Centre. These classes started on Tuesday 6th June 2017 (6pm-7pm & 7pm-8pm
- **Acorns Fun Night.** On Friday 28th July Acorns Running Club held a Fun Night at Moneymore Recreation Centre (7pm -9pm).
- **Get Active Tennis Camp.** On Monday 3rd- Friday 7th July a Get Active Tennis Camp was organised to take place at Moneymore Recreation Centre (10am-11.30am).
- **5 Week Afterschool's Gymnastics.** On Thursday 1st June 2017, a new 5-week afterschool Gymnastics programme was held at Moneymore Recreation Centre.
- Headway Brain Injury Association. Kelly Shepherd from Headway has booked our Committee Room 3 Wednesdays every month from 11am-1pm to hold classes with people who have suffered Brain Injuries.
- Pilates Classes. A new 5-week Pilates programme continued into July at Moneymore Recreation Centre
- **Tuesday pm Yoga Classes.** 2 new 5-week yoga programmes continued into July at Moneymore Recreation Centre.
- **Get Active Soccer Camp.** On Monday 14th Friday 19th August a Get Active Soccer Camp was held at Moneymore Recreation Centre from 10am-1pm.
- **Get Active Gymnastics Camp.** On Monday 7th Friday 11th August a Get Active Gymnastics Camp was organised to take place at Moneymore Recreation Centre.

- School Gymnastics. In September, Moneymore Recreation Centre has offered the 6 local schools the opportunity to attend a 6-week Gymnastics programme within the Centre.
- **Harps Cycling Club Fun Day.** On Sunday 3rd September, The Harps Cycling Club held a Fun Day in Moneymore Recreation Centre from 1pm-5pm.

Dungannon Leisure Centre

Classes and Courses

- The Autumn fitness programme commences in September the programme of activities includes Circuit Training on Wednesday night continues to be as popular as ever, as does ½ AND ½ Spin Classes on Mondays, along with the Tuesday and Friday Spin Classes.
- Other classes included are- H.I.I.T., S.W.E.A.T. (Strength, Work, Endurance, Agility Training. The S.W.E.A.T. class has been very well attended so far, with excellent numbers taking part each week. H.I.I.T. is a lunchtime class run on Mondays and is a high intensity 30 minute workout for all abilities.
- Yoga, Step Aerobics and Jive Class continue to be popular activities.
- Insanity Live, this exciting new class will give customers the opportunity to experience a brand new cardio conditioning and strength based training experience.
- PiYO class another new class which gives customers the opportunity to train in a new and exciting way. An innovative mixture of Yoga, Circuit Training and Aerobics.

Swimming Lessons

- Masters swimming classes ran throughout the summer and was very well supported. This
 class is available Monday and Friday 6-7pm and Thursday 7-8am. These classes
 regularly attract over 40 swimmers, many of who now use the pool frequently outside
 these class times.
- The Saturday morning Swimmer Development class 6.30-8.30am is ongoing. This class
 is aimed at club swimmers who want to refine their swimming technique to enable them
 to improve on their performances.

School of Aquatics

- During the summer months a broad range of swimming lessons were made available.
 These included 1-1's, week long intensive classes and a five week swimming programme.
- The autumn programme has now started with good uptake across all classes.
- All of the 1 to 1 swimming lessons for September are fully booked.
- Aqua Academy classes continue to sell out as participants practice and maintain stroke technique while waiting to Dungannon Amateur Swimming club.

- Squad Training classes cater for up to 120 children every Tuesday. A second set of Squad sessions has been added on Saturday afternoon to accommodate demand. Over 50 children attend this class.
- Teen Swim/Lifesaving With the continued success of Teen Swim and consultation with the participants, we have revamped the class to introduce lifesaving to the class.
- Adult swimming classes continue on Tuesday nights Beginner and Improver classes provide adults with the chance to learn new skills once again these are fully booked.

Aqua Fit

 Aqua Fit Class restarted in September after a gap of a number of months and is proving to be a big hit with customers. Numbers have been growing steadily since the start of the course.

Clubs

- Local clubs include- Ren Bu Ken Judo Club, Cobra Kai Karate Club, Ju -Jitsu Club, Tae Kwon Do Club, Dungannon Gymnastics Club, Dungannon Sub Aqua Club, Island Triathlon Club, Fit 4 You Club and others. The centre also hosts Dungannon Rifle Club in the Projectile hall three to four times a week. Dungannon Amateur Swimming Club continues to train four times a week in our pool.
- Dungannon Leisure Centre 50+ Club meets every Tuesday and Thursday mornings in the Centre. Various activities take place including, Zumba, Circuit Training, Spinning, Badminton, Table Tennis, and Swimming and lots more. The 50+ club attracts large numbers on Tuesdays and Thursdays in our sports hall, fitness suite and pools.
- Tyrone Towers Basketball Club is based in Dungannon Leisure Centre. The club play home games in the centre and use the facilities to train each Saturday and Sunday.

Men's Health Club

• The Men's Health club continue to meet in the centre on Wednesdays enjoying a range of activities including swimming, fitness suite and football.



Men's Health

 Working in partnership with Environmental Health a new Men's Health Activity Programme will commence at Dungannon Leisure Centre on Wednesday 4th October. Health checks and registration will take place 27th September 2017 in preparation and Leisure Centre Fitness Instructors will be in attendance to give advice and guidance to customers.

P.A.R.P's.

 The Physical Activity Referral Programme at Dungannon Leisure Centre has gone from strength to strength. The local Doctors Surgeries refer patients to the centres specially trained Fitness Consultant.

Tyrone Towers Summer Basketball Camp

 Tyrone Towers Summer Basketball Camp was held in Dungannon Leisure Centre on the week of 14th-18th August. 150 children attended the hugely successful camp. A charity game was played in the centre on Wednesday 16th August as part of the camp where coaches and players from the Towers club played out a very entertaining game.



Meadowbank Sports Arena

- Special events which fell over the summer months were Tesco Fun Day on Friday 25th
 August with up to 600 in attendance;
- Champions for Christ, a Christian organisation, hired the 3G for soccer Monday 24th Thursday 27th July 7-9pm with 32 in attendance each evening.
- Mid Ulster Athletics Club ran their annual Star Track programme on the track from Monday 31st July – Friday 4thth August which attracted numbers of 150 each day;
- Ulster Rugby held a youth rugby camp on the 3G pitch on one wet day with 65 in attendance for this.
- Ulster Rugby will be recommencing their Regional Youth Squads at the Arena on Monday 9th October 2017 and use the facilities every Monday through to April 2017 with an average of 60/80 participants at each session.
- Yoga is a new item on our list of activities, Rosie Kerr takes Yoga for Pregnancy on Mondays and Wednesday evenings in the pavilion hall at Meadowbank.
- The Arena continued to be a popular venue for Children's Birthday Parties with 67 parties facilitated over the three months.
- Rainey Mini Hockey is back on Friday afternoons with 40/50 children attending each week.
- Rainey Mini Rugby also continues on Friday evenings with between 80 and 110 attending each session.
- St Colmcilles Girl Guides began Thursday 21st September 2017 with 25 girls registering on the first night.
- Mary Hill Ballet School continues on Saturday afternoons with 40/50 dancers attending each week.
- The Meadowbank Fit for Life programme began on Monday 18th September and has attracted 9 Primary Schools from the local area this term.
- Rainey School hockey matches have recommenced with 3 matches being played each Saturday morning, drawing numbers in excess of 300 over the 2 hours;
- Rainey Ladies Hockey now have two teams and we host their home games on Saturday afternoons 4-5pm;
- Secondary Schools Hockey hosted a match at Meadowbank Sports Arena with a team from Liverpool on 17th September 2017, 11am-1pm;
- "Magherafelt Soccer Sixes" continues to run on the 3G pitch;
- A new block of Couch 2 5K sessions began on Wednesday 20th September 2017. Mondays 6.30-7.30pm and Wednesdays 6.30-7.30pm. Registration of 85 participants is expected for the 9 week programme and costs £18 for each person attending:

- The 3G outdoor pitches are block booked every night by local clubs for training. Soccer and Rugby being the main bookings;
- The weekends see a lot of match action on the 3G surface too, again mainly soccer and rugby from clubs like Magherafelt Sky Blues, Rainey Old Boys Youth and Minis, Draperstown Celtic Youth and Moyola FC Youth;
- The Barcelona Experience have been using the indoor facility to select young boys for a trip to Barcelona to improve and encourage their development in the Soccer world.
- NIBFA continue to book the 3G pitch for youth soccer matches here at Meadowbank on Friday evenings and Saturday afternoons with teams like Linfield, Sion Swifts, Glentoran, Bangor and Derry Colts playing on our 3G pitch;
- O'Donovan Rossa held a day of their Cul Camp here due to adverse weather conditions and this saw 80 children come indoors for some quality coaching on our indoor maxi and mini pitches;
- O'Donovan Rossa Underage gaelic have started back on Sundays 12-1pm with up to 90 children attending these training sessions:
- EBA Walking Group started back in September with numbers of 13 in attendance;
- Cricket Club hired the indoor full pitch for a game on Saturday 9th September from 1-4pm with 40 in attendance;
- Moneyglass GAC hosted an underage Hurling Blitz on Sunday 17th September on the 3G with 150 in attendance:
- Rhian Pegram has started a female bootcamp on Tuesdays, top floor, 7-8pm this is attracting numbers of up to 16 each week;
- Magherafelt Marvels are back after the Summer break, on a mini pitch, Wednesdays, 7-8pm with 40 in attendance;
- Eagle Special Olympics hired the track on Sunday 24th September 2017 and had 30 attendees:
- Down's Syndrome Association are beginning their Youth Club on 28th September which will run every other Thursday in the meeting room from 6.30-8.30pm;
- NIBFA Ladies match Linfield Ladies v. Sion Swifts Ladies on Friday 29th September, 8-10pm on 3G;
- Magherafelt Reds v. Riada will be the first grass pitch booking for Meadowbank this Saturday 30th September, 2pm;
- Free Presbyterian Youth Club will be hiring Meadowbank indoor pitches on Saturday 30th September 2017 6.30-9.30pm which 250 children will be attending;
- Venture Urban Sports held a Summer camp this year and saw 18 children attend and learn new tricks on their bikes, scooters and skateboards with ramps being set up in one of our mini pitches.

- Parkour was another new addition to our activities with 15 young people attending a two hour session on Saturday mornings;
- Kidz Lodge and Happy Days Nursery both availed of our bouncy castles for some fun in August;
- A few Street League matches were held on our 3G pitch on 15th & 29th July;
- Acorns Bluebelles Race was held on the track on Saturday 22nd July with 300 participants in attendance;
- The Lighthouse Fellowship host their Church service in our Café area on Sundays from 9.30am-1.30pm, this can seat up to 150 attendees, and have extended their booking to December 2017



Maghera Leisure Centre

Centre Based Classes and Activities

- Party Packages 115
- Adult Centre Tuesday and Thursday.
- Kettlebells Tuesday & Thursday.
- Senior Citizen Club Wed 2pm 4pm (finished Wed 28th June 2017)
- Fit Kids Session Mon & Thurs.

- Delivery of GP Referral Programme.
- Daily Morning session classes 10am 11am.
- Mon -Core Stability.
- Tues Spin.
- Wed Circuit Training.
- Thurs BLT Blitz.
- Fri Circuit Training.
- Sunday boot camp & Spinning class.
- Circuits Monday & Thursday Circuit Training (60+ in attendance)
- Spinning Classes Mon, Wed, Thurs, Fri & Sat.
- Pre Summer Boot Camp, 6.30am 7.15am Mon 4th June Fri 9th June (average daily attendance 51)
- Post Summer Boot Camp, 6.30am 7.15am Mon 18th Sept Fri 22nd September (average daily attendance 32)

Clubs at Maghera Leisure Centre

- Ju Jitsu Mon 7pm 9.30pm & Sat 10am 1pm.
- Leo Maguire Taekwondo Club, Main Hall Thursdays 5pm 6 Karate Friday night.
- Northern Trust Sharing the care summer scheme Mon 31st July Fri 4th Aug.
- Floral Art 5th Sept.
- Womens Institute 26th Sept.

Tobermore Golf Centre

 Sir A P McCoy, OBE visited Tobermore Golf Centre in July, he was practising and had a Trackman lesson with Resident PGA Professional Tony Mulholland in preparation for playing in the Irish Pro-Am at Portrush, where he was partnering Rory McElroy.



Tobermore Golf Centre hosted, Qualifier for Adidas Wee Wonders Regional Final –
Rosses Point. Our event was full with 27 Golfers from all over Ireland, as far as Mayo.
Some of the competitors went on to make it through regional to compete in the Grand
Final at St Andrews. Feedback was very positive with the aim to making it an annual
event.



- Resident PGA Professional Tuition Trackman Lessons – 83 Lessons Standard – 54 lessons
- Local Professional Chris Selfridge continued to take Trackman Studio Lessons with Tony Mulholland 5th, 10th & 13th April.
- Friday Academy Club July, Aug, Sept. Finishes Sept.
- Special Olympics July, Aug, Sept.
- Improvers Course last week 6th July
- Short Game Course 20th July *6 weeks
- Improvers Course 4th Sept
- Kilrea Ladies 14th,