

Report on	GOGA 2 Project Plan (2021 – 2024)
Date of Meeting	11 th June 2020
Reporting Officer	Kieran Gordon, Head of Leisure
Contact Officer	Leigh Gilmore, Leisure Development Manager (Acting)

Is this report restricted for confidential business?	Yes	
If 'Yes', confirm below the exempt information category relied upon	No	X

1.0	Purpose of Report
1.1	To update Members about the GOGA (Get Out Get Active) 2 Project Plan (2020 – 2024) and to seek approval to formalise the partnership between MUDC and Live Active NI to host a funded full time GOGA staff member. This partnership is anticipated to commence on the approval to sign a Memorandum of Understanding that will permit Live Active NI to fund and commence employment of the GOGA Officer.
2.0	Background
2.1	In July 2019, Council agreed in principal to support the GOGA 2 proposal. It was agreed that further detail would be presented to Committee if the funding application submitted by Disability NI was Successful.
2.2	Live Active NI is a community interest company established by Disability Sport NI to bring the benefits of active recreation to everyone in the community, with a particular focus on under-represented groups. Mid Ulster District Council has been asked to be a partner due to the lack of previous funding by the Spirit of 2012 and it the geographical mix of the district of both rural and urban.
2.3	Get Out Get Active (GOGA) is an exciting programme that supports disabled and non-disabled people to enjoy being active together. Funded by Spirit of 2012, all partners are focused on getting some of the UK's least active people moving more through fun and inclusive activities. Previously the programme has run over three years (2016-2019) and within 18 localities across the UK. Live Active NI manage programmes for GOGA in Derry City & Strabane and Armagh City, Banbridge & Craigavon.
2.4	There are an extensive range of additional partners to help reach more people, who have the greatest need to get out and get active. These partners offer in-depth local knowledge and national expertise. The goal is to support more people to lead active and healthier lifestyles, and in doing this actively help to build stronger and more unified communities. The programme also seeks to proactively share its results on a wider scale, so others can benefit from and use its learning.

2.5	<p>By end of 2019, GOGA had aimed to:</p> <ul style="list-style-type: none"> • Reach 16,500 participants, at least 40% of whom will remain active. • Deliver over 30,000 sessions through 550 different activities. • Recruit, train and involve over 2,000 volunteers. • Improve confidence and competence through 500 training sessions.
2.6	<p>For an idea of potential benefits, below are statistics from Derry City & Strabane District Council area:</p> <ul style="list-style-type: none"> • Over the 2.5 years, the programme has invested approx. £13k back into Council facilities. • There have been over 100 new members join the Foyle Arena, with evidence to suggest that they would have only accessed the centre because of the GOGA programme. • Those who accessed GOGA programmes have been seen to have continued use of Council facilities independently e.g. for swimming, room bookings etc. • Annual events create additional footfall for Council centres and initiatives such as Junior Park Run has been established, due to GOGA.
3.0	Main Report
3.1	<p>Further details are contained within Appendix A, but in summary, Live Active NI are proposing:</p> <ul style="list-style-type: none"> • GOGA Growth (60% of project) – ongoing programme of activities for targeted groups • GOGA Legacy (10% of project) – development of workshop and also an ongoing stakeholder networking form to develop collaborative working and continue to maximise impact. • GOGA Laboratory (30% of project) – development of activities with groups piloted or not yet explored in GOGA#1, prioritising sustainable intergenerational and mental health
3.2	<p>The funding that has been secured will support:</p> <ul style="list-style-type: none"> • 1 Full Time staff officer • Management and admin support • Communication and marketing support • Volunteer development support • Small programme and events budget • 2 training courses delivered per locality per year
3.3	<p>Mid Ulster District Council is being asked to support:</p> <ul style="list-style-type: none"> • Provision of office space, desk and chair. • Access to printing & photocopying facilities. • Stationery and postage. • Telephone Line and telephone. • Storage facilities for sports equipment.

	<ul style="list-style-type: none"> • Access to broadband/WIFI to enable remote access to Disability Sport NI's server • Free access to council leisure facilities to deliver programmes within local communities
4.0	Other Considerations
4.1	Financial, Human Resources & Risk Implications
	Financial: No staffing or programme cost to Council as funded via Live Active NI – minimal costs expected as per section 3.3 of the report. Council have been informed that the funding for the 20/21 year is not at risk due to COVID-19 consequences.
	Human: Hosting responsibilities within a Council facility as per requirements in section 3.3 of the report. Arrangements put in place will be in line with Council procedures resulting from COVID-19.
	Risk Management: Monitored and managed in accordance with council's operational risk assessment systems and procedures.
4.2	Screening & Impact Assessments
	Equality & Good Relations Implications: It is anticipated that this will have a positive impact as it supports disabled and non-disabled people.
	Rural Needs Implications: It is anticipated that this programme will target rural areas to help people live healthier lives.
5.0	Recommendation(s)
5.1	To approve this report and seek to formalise the partnership between MUDC and Live Active NI via the signing of a Memorandum of Understanding that will permit Live Active NI to fund and recruit a full time GOGA officer.
6.0	Documents Attached & References
	Appendix A - GOGA Proposal and Growth suggested plan Appendix B - Memorandum of Understanding

Appendix A - GOGA Proposal and Growth suggested plan

Live Active NI are proposing:

GOGA GROWTH (60% of project)

- A wide menu of activities to be offered via GOGA 2.
- The key focus of all activities is Family Fit, the plan would be to co-ordinate annual events to take place in several areas of NI on same weekend for maximum media impact.

GOGA LEGACY (10% of project)

- Develop a GOGA Principles and Learning Workshop, which will be delivered in collaboration, to mentor GOGA#2 localities and also extend the impact of GOGA#1 to positively influence inclusive practice across NI.
- Maintain, grow and support a stakeholder networking forum in each of the GOGA #1 localities to maintain a GOGA ethos in collaborative working and continue to maximise impact.

GOGA LABORATORY (30% of project)

Develop activities with groups piloted or not yet explored in GOGA#1, prioritising:

- Intergenerational activity - Explore and deliver focussed (sustainable) activities to develop inclusive models to engage the youngest and oldest people in our localities (both disabled and non-disabled) in inclusive intergenerational activity.
- Mental Health - Explore and deliver a number of focussed (sustainable) activities to develop good practice inclusive models to engage the most inactive disabled and non-disabled people affected by poor mental health.

Intended programme impact within Mid Ulster District Council

Key performance indicator	Target
• Total number of unique participants	1500
• Total number of volunteers	45
• Total trained / supported workforce paid	60
• Total trained / supported workforce un-paid	120
• Number of activity interventions	42

Activity	Need has been evidenced via GOGA 1	Inclusive activity	Likely partners	Aligned to Spirit's Mission	Audience	No of events / programmes	Sustainability route
Annual Superhero 2k Family Event	Yes – 520 attendees over 2 events	Yes – Family friendly, Inclusive, Intergenerational etc.	District Councils, Volunteer Now, local Surestarts, local Health and Social services Trusts,	ACTIVE CONNECTED	Older people, families (especially women and girls), single parent families, people with disabilities and their families.	1 per year per area	Inclusive local system and practice
Annual Sensory Mile Event	Yes – 150 attendees at each GOGA event	Yes – Family friendly, Inclusive, Intergenerational etc.	District Councils, Hub activity Leaders, Volunteer Now, local Surestarts, local Health and Social services Trusts, local Charities e.g. Autism NI	ACTIVE CONNECTED	Older people, families (especially women and girls), single parent families, people with disabilities and their families.	1 per year per area	Inclusive local system and practice
Inclusive Summer Scheme	Yes – Inclusive and Disability Summer Schemes delivered successfully for first time in both localities	Yes – for children with disabilities and their families *to include physical activity and arts activity	District Councils, Hub Activity Leaders, activity delivery partners	ACTIVE CONNECTED CREATIVE	Children with disabilities and their families.	1 per year per area	Inclusive local system and practice
Inclusive Cycling programme to include: monthly inclusive family cycle, push to pedal courses, annual cycling event	Yes – family cycles and Push to Pedal clubs have been piloted via GOGA 1	Yes - full range of inclusive cycles are available in each Council area.	District Councils, Hub activity Leaders, local cycling clubs, local community groups	ACTIVE CONNECTED	Families (especially women and girls), people with disabilities and their families.	8 family cycles per year per area 3 push to pedal courses per year per area 1 inclusive cycling event per year per area	Individuals active for life
Tai Chi for health Programme (Tai Chi class and facilitated walk)	Yes – high, sustained numbers at GOGA 1 programmes with excellent reported health / improved lifestyle benefits	Yes – generally age 50+	District Councils, Volunteer Now, local Health and Social services Trusts, GP referral programmes, local community groups	ACTIVE CONNECTED	Over 50's, people with a long term health condition	1 ongoing programme per area	Individuals active for life
Family Fit Programmes (e.g. Buggy Fit, Toddler Fit)	Yes – our most successful long term programmes were for women who could participate with their families (and become positive role models)	Yes	District Councils, local Surestarts	ACTIVE CONNECTED	Women, families, people with disabilities and their families, single parent families	2-3 ongoing programmes per area	Individuals active for life
Establish a GOGA (Active Living No Limits) Forum in each area			Volunteer Now, Disability Action, Age NI, Surestart & Identified leads within Council's and Trust's				
GOGA 2 workforce development	Training min of 24 staff and volunteers per year per locality		All above				

Appendix B - Memorandum of Understanding



Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council

A Memorandum of Understanding between Disability Sport NI and Mid Ulster District Council with respect to the Spirit of 2012 'Get Out Get Active' Project 2020 - 2023

The **Mid Ulster 'Get Out Get Active' (GOGA)** Project is a new initiative between Disability Sport NI and Mid Ulster District Council, concerned with the development and delivery of an inclusive programme, designed to support and encourage inactive people, (with a particular focus on people with disabilities) living in the Mid Ulster District Council area, to lead a fit and active lifestyle.

The key component of the project is the appointment of an **'Active Recreation Officer'**, based at the Mid Ulster Sports Arena who is responsible for the development of an engagement plan, a series of sports and leisure initiatives and events and a training programme specifically targeting the above groups.

This Memorandum of Understanding outlines the agreement between Disability Sport NI and Mid Ulster District Council with respect to the funding and management of the project for the period from 1st April 2020 – 31st March 2023.

Development Plan: The project development plan, outlining project aims and objectives, key performance indicators and related actions and targets, for the period, will be agreed between Disability Sport NI and Mid Ulster District Council, and will form the basis of the Active Recreation Officers annual operational plan for the period.

Funding: The project is funded by 'Spirit of 2012' which is a London 2012 Olympic and Paralympic Games legacy initiative through the Big Lottery Fund and the 'London Marathon Charitable Trust'. The project funding is for a 3 year period from April 2020 – March 2023.

Employment: The Active Recreation Officer will be employed by Live Active NI, the community interest company of Disability Sport NI, who will be responsible for the payment of the officer's salary, employer's national insurance contributions, pension

contribution and travel and subsistence costs. In the event of redundancy this will be implemented under Disability Sport NI's redundancy policy.

Selection & Recruitment: In the event that the Active Recreation Officer post becomes vacant, Disability Sport NI will be responsible for the organisation of the selection & recruitment process and all associated costs. The short listing and interview panel for the post will be made up of two representatives of Disability Sport NI and one representative of Mid Ulster District Council.

Line Management: The post holder will be accountable to the Chief Executive Officer of Disability Sport NI and line managed on a day to day basis by the Live Active NI Projects Manager. In addition, quarterly progress meetings will be held between the post holder, the Line Manager and a representative of Mid Ulster District Council to support the implementation of the officer's work programme. The appointed Active Recreation Officer will also hold regular information meetings with the Live Active NI Projects Manager.

The Active Recreation Officer will also be supported through inclusion in relevant, existing Mid Ulster District Council team meetings and reporting structures. This will be agreed in advance between Disability Sport NI and Mid Ulster District Council.

Office Accommodation: Mid Ulster District Council will be responsible for the provision of office accommodation, equipment storage and administrative support for the Active Recreation Officer post holder at Mid Ulster Sports Arena. This will include the following:

- Provision of office space, desk and chair.
- Access to printing & photocopying facilities.
- Stationery and postage.
- Telephone Line and telephone.
- Storage facilities for sports equipment.
- Access to broadband/WIFI to enable remote access to Disability Sport NI's server
- Free access to Council leisure facilities to deliver programmes within local communities.

Signed: _____
On behalf of Disability Sport NI

Name: Kevin O'Neill
Position: Chief Executive Officer

Date:

Signed: _____
On behalf of Mid Ulster District Council

Name: Anne-Marie Campbell
Position: Director of Leisure and Outdoor Recreation

Date: