

Report on	Community Resuscitation Action plan and Community of Lifesavers programme
Date of Meeting	10 th March 2020
Reporting Officer	Fiona McClements, Head of Environmental Health

Is this report restricted for confidential business?	Yes	
If 'Yes', confirm below the exempt information category relied upon	No	X

1.0	Purpose of Report
1.1	To inform Members of the Community of Lifesavers Programme and provide an update on ongoing Community Resuscitation work.
2.0	Background
2.1	The Mid Ulster Community Resuscitation Group have developed a 5 year action plan from 2019-2023 to continue the work around Community resuscitation in the Mid Ulster area. A copy of the plan is attached (Appendix 1).
2.2	A key action of the Community Resuscitation action plan is to ensure that more people are trained in CPR, which is seen as a vital component in the chain of survival. Sport NI in conjunction with the NI Ambulance Service, and local councils have devised the 'Community of Lifesavers (Sports Clubs) programme' to supplement previous work towards community resuscitation and the provision of Automatic External Defibrillators (AEDs).
3.0	Main Report
3.1	The Mid Ulster Community Resuscitation group continue to meet approximately 3 times per year.
3.2	A 5 year action plan has been developed which sets out the priority actions to be taken forward over the period 2019-2023 with an emphasis on CPR/AED and PAD related actions.
3.3	During 2019-2023, the Mid Ulster Community Resuscitation Working Group will continue to work to identify, and develop the Community Resuscitation themes across Mid Ulster area ensuring that outcomes in terms of survival are maximised. This requires collaboration by all partners to avoid duplication of effort, pool resources and expertise. It is hoped that working collaboratively will enable a Community of Lifesavers to be created within the Mid Ulster area.
	<u>Community of Lifesavers Programme</u>
3.4	The Northern Ireland Ambulance Service (NIAS) and Sport NI have been working in partnership in the roll out of the Community Resuscitation Action Plans across the 11 council areas. It was agreed between the NIAS and Sport NI that the pilot

	<p>phase would include 5 of 11 Council areas who currently have a Community Resuscitation Action Plan in place:</p> <ul style="list-style-type: none"> • Mid Ulster District Council • Antrim and Newtownabbey Borough Council • Armagh, Banbridge and Craigavon Borough Council • Lisburn and Castlereagh City Council • Ards and North Down Borough Council
3.5	The programme will involve training 12 people in the Mid Ulster area as Heartstart Instructors who would then be required to run a minimum of 2 courses each in the next financial year 2020-21 (24 courses in total).
3.6	<p>A Memorandum Of Understanding (MOU) is attached at Appendix 2 which provides further information. This programme is underway and is being taken forward by the Council Leisure Services Department. The role of the Council is to:</p> <ul style="list-style-type: none"> • Coordinate the recruitment of volunteers in their local area. This will be done through each council's database of existing sports clubs. An email with the Expression of Interest, and role description will be circulated to all clubs. • Councils will collate the returned Expression of Interests and with Sport NI will shortlist and approve applicants to participate in the pilot. • House the equipment. • Provide administrative support for courses. • Advertising available courses to clubs through Leisure's training programme. • Provide reports on participant numbers to Sport NI. <p><u>Restart a Heart Day October 2019</u></p>
3.7	<p>Council staff from Environmental health and Leisure in partnership with Northern Ireland Ambulance Service and Trust staff organised and delivered the 2019 Restart a Heart Day events across Mid Ulster. The awareness sessions were a real success with over 200 people taking part in the events. The feedback and press coverage has been very positive. A copy of the post event press release is attached (Appendix 3).</p> <p><u>Defibrillators (AEDS) on Mid Ulster District Council property</u></p>
3.8	The Council's internal Health and Safety section are developing a procedure on AEDs on Council owned property which will be based on a risk based approach to provision of AEDs and include operational details such as maintenance of the equipment.
4.0	Other Considerations
4.1	Financial, Human Resources & Risk Implications

	Financial:
	<u>Community of Lifesavers Programme</u>
	MOU is not a commitment of funds. Although Sport NI have allocated £25,000 of exchequer funding which will be used in the development of the programme delivered in 5 Council areas in 2019-20 to purchase associated equipment as agreed with NIAS.
	Human: Staff time
	Risk Management: N/a
4.2	Screening & Impact Assessments
	Equality & Good Relations Implications: N/a
	Rural Needs Implications: N/a
5.0	Recommendation(s)
5.1	To note the content of this report.
6.0	Documents Attached & References
6.1	Appendix 1 – Community Resuscitation Action Plan
6.2	Appendix 2 – Community of Lifesavers Programme MOU
6.3	Appendix 3 – Restart a Heart Press Release