| Report on | Community Resuscitation |
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| Date of Meeting | 8 th Oct 2019 |
| Reporting Officer Fiona McClements, Head of Environmental Health | |

Is this report restricted for confidential business?

If 'Yes', confirm below the exempt information category relied upon

Yes No X

| 1.0 | Purpose of Report | |
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| 1.1 | To inform Members of the ongoing work around Community resuscitation across Mid Ulster District Council area. | |
| 2.0 | Background | |
| 2.1 | The Community Resuscitation Strategy for Northern Ireland was launched in July 2014 with a vision to increase survival for those who suffer an out-of-hospital cardiac arrest, to the highest level that can be achieved across Northern Ireland. The objectives set out in the Strategy are to: | |
| | Raise public awareness of the importance of early recognition of an out-of-hospital cardiac arrest, and the importance of early intervention; Encourage members of the public to intervene in the event of an out-of-hospital cardiac arrest; Increase the availability of, and access to, appropriate and effective CPR training provision across Northern Ireland; Achieve high uptake of CPR training; Make the most efficient use of the resources available to support community resuscitation training; Improve the availability of, and access to, the automated external defibrillators that are in place across Northern Ireland, and Enhance the capacity of information systems to capture and provide key data on out-of-hospital cardiac arrest and patient outcomes. | |
| 2.2 | In 2015 following a Council motion, the Mid Ulster Community Resuscitation Group was established to consider Community Resuscitation at a local level. The Group consisting of Council staff and representatives of partner agencies formed an Action plan for Mid Ulster. | |
| 3.0 | Main Report | |
| 3.1 | Within MUDC Community Planning, the work of the Community Resuscitation Group has been included in the "Vibrant and Safe Communities Delivery plan for Short term Actions". The Community Resus group continue to meet and are currently working on a number of programmes. | |

| 32 | World Restart a Heart day | v -16 th October 2019 |
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Activities are again planned for World Restart a Heart Day 2019 which is on 16th October. Free half hour CPR training will be provided to as many people as possible in the Mid Ulster District area. The training which will be led by Northern Ireland Ambulance Service and Mid Ulster District Council staff aims to equip participants with the skills necessary to deal effectively with someone who is suffering from a cardiac arrest. Community and Voluntary Organisations, sports clubs, workplaces and anyone else who would like to learn how to correctly perform CPR in the event of a cardiac arrest can register to attend.

- 3.3 In addition, The Northern Ireland Ambulance Service is liaising with schools in the District, who are registered to teach CPR, to participate in World Restart a Heart Day by delivering training to their pupils.
- 3.4 The main aim of the day is to increase awareness of the importance of bystander CPR which increases the chance of survival when someone has a cardiac arrest.
- 3.5 Further details of the events are included in the attached press release at Appendix 1.
- 3.6 <u>AEDS</u>

There are Automatic Defibrillators (AEDS) distributed across Council facilities. A list is attached at Appendix 1. 21 of the 24 AEDs are located on council property with the additional three being maintained by Council. Staff within each AED location have responsibilities to ensure the AEDS are maintained, managed and registered with the Northern Ireland Ambulance Service. This work also forms part of the Community Resuscitation Action plan. Mid Ulster District Council also offers training to staff in the use of AEDS.

- 3.7 Another aim of the group is to encourage organisations and businesses across the District to register their AEDS in the Mid Ulster area. At September 2019 there are **162** AEDS registered with NIAS.
- 3.8 In order to help raise awareness, further information on Community Resuscitation has been added to the Mid Ulster Council website. The information includes a link to the Northern Ireland Ambulance map of all registered AEDs

https://www.midulstercouncil.org/resident/health-wellbeing/community-life-saving

3.9 The information includes a link to the Northern Ireland Ambulance map of all registered AEDs

http://www.nias.hscni.net/our-services/aed/aed-mapping/

| 4.0 | Other Considerations |
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| 4.1 | Financial, Human Resources & Risk Implications |
| | Financial: Staff time. AED cost approximately £800-£1,100 with additional fitting costs and cabinet costs if located externally. |
| | Human: Staff time |
| | Risk Management: N/a |
| 4.2 | Screening & Impact Assessments |
| | Equality & Good Relations Implications: N/a |
| | Rural Needs Implications: N/a |
| 5.0 | Recommendation(s) |
| 5.1 | Members to note the ongoing work around Community Resuscitation across the Mid Ulster District Council area. |
| 6.0 | Documents Attached & References |
| 6.1 6.2 | Appendix 1: Press release Restart a Heart Day 2019 Appendix 2: List of AEDs on Council facilities |