

Report on	Projects funded by Northern Healthy Lifestyle Partnership
Date of Meeting	11 th February 2020
Reporting Officer	Raymond Lowry

Is this report restricted for confidential business?	Yes	
If 'Yes', confirm below the exempt information category relied upon	No	X

1.0	Purpose of Report
1.1	To update Members on current gardening / wellbeing projects that received funding from the Northern Healthy Lifestyle Partnership (NHLP).
2.0	Background
2.1	Over the last two years project funding was received by NHLP to carry out community gardening / conservation projects with groups in the Northern Health Trust area. A series of practical gardening workshops were carried out during the months of January – March 2018 and 2019 as part of the Five-A-Day Allotments Growing Project involving a number of groups and sites including Council's allotment site in Castledawson.
2.2.	Last year additional funding was received to hold a very successful Bird Feeding & Wellbeing Event at Ballyronan Marina as part of the Choose to Live Better Fortnight.
3.0	Main Report
3.1	For 2019/20 NHLP approved funding of £1630 under the Choose to Live Better Fortnight for the following projects: <ul style="list-style-type: none"> • Curran Heritage Culture – Crafty Clay Workshops • Loup Women's Group – 4 ways to good health, a day filled with short sessions on planting a window box, healthy lunches, importance of relaxation and easy indoor exercises.
3.2	As part of the gardening / conservation project NHLP approved funding of £2750 for: <ul style="list-style-type: none"> • Curran Heritage Culture – planting of flowers / shrubs with young people to connect with the community. Young people will also receive information and knowledge on Take 5 and learn practical ways to look after their mental health.

	<ul style="list-style-type: none"> Loup Women's Group – series of practical workshops for community gardening groups in the area to include importance of trees, mindfulness gardening, wildlife gardening, willow and local food/healthy food. This project is being delivered in conjunction with TCV and MUDC Sustainability Officer and is open to all community gardening groups in the Northern Health Trust area.
4.0	Other Considerations
4.1	Financial, Human Resources & Risk Implications
	Financial: NHLP fully funds the activities, Council administers funds in line with their procurement procedures.
	Human: Support by Sustainability Officer
	Risk Management: N/a
4.2	Screening & Impact Assessments
	Equality & Good Relations Implications: N/a
	Rural Needs Implications: N/a
5.0	Recommendation(s)
5.1	To advise Members of the Northern Healthy Lifestyle Partnership funding opportunity as outlined above.
6.0	Documents Attached & References
	N/a