



Mid Ulster Home Safety Scheme

Mid Ulster Home Safety Scheme helps those over 65, families with children under 5 and vulnerable adults/children avoid serious accidents within the home.

The scheme includes:

- Free Home Safety Visits
- Home Safety equipment (where criteria is met)
- Home Safety talks to groups (open to all age groups).

Have you had your FREE Home Safety Visit?

Every year, there are thousands of accidents and injuries in our homes, from burns and scalds to trips and falls. The Mid Ulster Home Safety Scheme aims to reduce the number of accidents which happen in the home by providing information and advice.

Can anyone apply for a FREE Home Safety Check?

If you:

Are **65 or over**, have a **child under 5** or a **vulnerable adult/child** then you are eligible for a free home safety check.

If you request a home safety check, or are referred for a check by someone like a health visitor, a Health & Wellbeing Officer will visit your home when it's convenient. It's a relaxed and informal visit, giving you an opportunity to discuss any home safety concerns you might have.

The Health & Wellbeing Officer will discuss important areas of home safety and establish what safety equipment you may need.



Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council

Can anyone apply for Home Safety Equipment?

This scheme is primarily about the provision of home safety advice however there are some pieces of home safety equipment available where the need is identified and criteria met.

Equipment is free to anyone 65 or over. If you are in a household with children under 5, equipment is only provided free of charge if you are in receipt of certain qualifying benefits.

These are:

- Income Support
- Job seeker's allowance (income based)
- Employment and Support Allowance (formally known as incapacity benefit)
- Working Tax Credits
- Housing Benefit
- Free School Meals
- Universal Credit

Or, if your Health Visitor or Health & Wellbeing Officer confirms that you are not able to afford safety equipment because of social or health circumstances, you may be entitled to free equipment.



What do I need to do?

If you would like to receive a home safety visit, would like further information or to arrange a Home Safety talk for a group, simply contact your local Health & Wellbeing Officer.

Call 03000 132 132

Email health.wellbeing@midulstercouncil.org



Mid Ulster District Council
Information For Residents

Energy Efficiency Advice Service



The Energy Efficiency Advice Service is a 1-1 personal approach to manage the energy efficiency of domestic properties within Mid Ulster District Council (Cookstown & Magherafelt areas).

Are you, or someone you know, living in a cold or damp home?

The Energy Advisor can provide tailored support for clients including the generation of referrals to other available support schemes.

For further information please contact Mid Ulster District Council and ask to speak to the Energy Efficiency Adviser on 03000 132 132 or email health.wellbeing@midulster.council.org

What assistance is available from your local council?

- Onward referrals for heating and insulation grants.
- Bespoke energy efficiency advice.
- Home visits to provide tailored information and support.
- Information on local oil buying clubs.
- Information on fuel/oil stamp schemes.
- Attendance at talks and events.

Fuel Stamp Savings Scheme

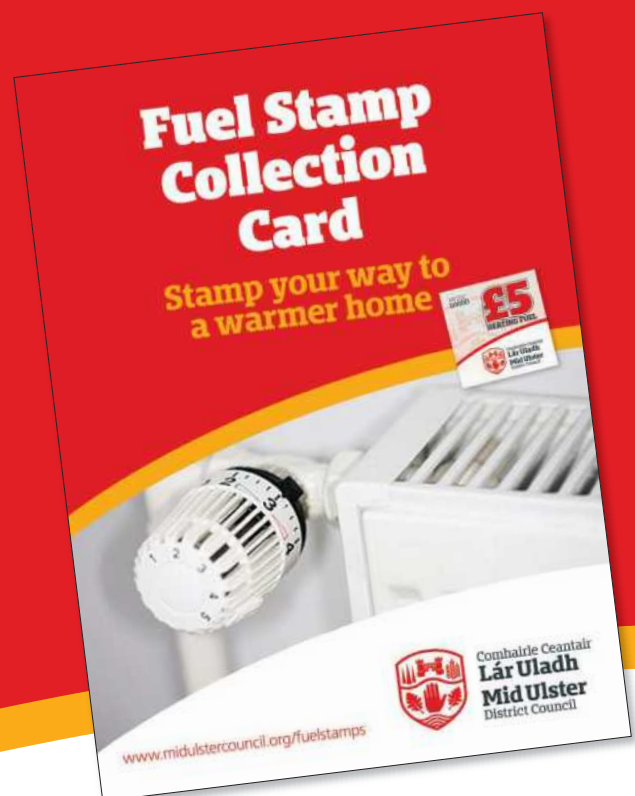
Stamp your way to a warmer home

Fuel Stamps and Collection Cards **NOW AVAILABLE**



Public Health
Agency

The fuel stamp scheme is designed to help householders spread the cost of their central heating oil and solid fuel.



www.midulstercouncil.org/fuelstamps



Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council



Are you aged 50 or over?

**Do you live in the Mid Ulster District Council area?
Are you interested in making a small change for
your health and getting support to do so?**

Make A Change offers one-to-one support to help you 'make a change'. Whether you want to improve your diet or get more active, Make A Change could be for you. The dedicated Health and Wellbeing Officer will work closely with you over a period of weeks or months, to help you along the way. You don't have to do it alone!

**You decide what you want to change.
We provide you with help and support to change it.**

This service is confidential and FREE of charge.

**Please contact the Health & Wellbeing Officer
E: health.wellbeing@midulstercouncil.org
T: 03000 132 132**